## Sugarloaf Ridge State Park An Easy Escape from Bay Area City Life

Sugarloaf Ridge State Park [SONOMA and NAPA COUNTIES] is only an hour away from San Francisco. With 2,700 acres of oak woodland and chaparral, the park has 25 miles of trails for hiking and horseback riding. The park is at 2605 Adobe Canyon Road in Kenwood, seven miles east of Santa Rosa.

Sugarloaf Ridge State Park is located where the headwaters of the Sonoma Creek run through gorge and canyon, then across the meadow floor beneath scenic rock outcroppings surrounded by redwoods and saddleback ferns. A 25-foot seasonal waterfall that flows after the winter rains. There is a self-guided nature trail along Sonoma Creek that starts near the campground.

Deer, the occasional bobcat and coyote, and gray foxes can be seen in the park. In spring, wildflowers provide a colorful palate to the park landscape. From the 2,729-foot summit of Bald Mountain, on a clear day, visitors can see views of the Sierra Nevada and the Golden Gate. A horseback riding concession operates year-round. The park also houses one of the largest public viewing telescopes, a 40-inch telescope at the Ferguson Observatory that can be rented, along with the group campground, for private parties.

For more information, call the park at (707) 833-5712 or (707) 938-1519.

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