

State of California . Natural Resources Agency . California State Parks

# Emergency Medical Technician Refresher

March 9-11, 2016

Training Syllabus



William Penn Mott Jr. Training Center



# Memorandum

**Date:** February 11, 2016  
**To:** Supervisor  
**From:** Debbie Fredericks, Department Training Officer  
Training Section  
California State Parks  
**Subject:** Employee Attendance at Formal Training  
Emergency Medical Technician Refresher Group 23

An employee from your office will soon be attending the formal training program described in the attached. Please insure that the employee is fully prepared to attend the session and that the groundwork is laid for the employee's implementation of the training upon returning to work. You can assist with capturing the full value of the training by taking the following steps:

### Prior to Training

1. Make sure that **specific** employee needs are identified and, if necessary, called immediately to the attention of the Training Coordinator.
2. Review with the employee the reason for the employee's attendance.
3. Review objectives and agenda with the employee.
4. Discuss objectives and performance expected after the training.

### Immediately Following Attendance

1. Discuss what was learned and intended uses of the training.
2. Review the employee's assessment of the training program for its impact at the workplace and review the due date of the Post-Training Evaluation form.
3. Support the employee's use of the training at the work place.

### Three Months Following Training

1. Employee after discussion with the supervisor login to the Employee Training Management System (ETMS) to complete the Post-Training Evaluation form.

Thank you for your assistance in seeing that the full benefit of training is realized.



Debbie Fredericks  
Department Training Officer

Attachment  
cc: Participant

## TABLE OF CONTENTS

Formal Training Guidelines .....	1
Location Specific Information .....	4
Program Attendance Checklist/Pre-Training Assignments.....	5
Post Training Assignment .....	6
Agenda.....	7
Program Outline .....	9
Purpose and Performance Objectives.....	10

***Mission Statement  
Training Section***

***The mission of the Training Section is to improve  
organizational and individual performance and  
productivity through consulting, collaboration,  
training, and development.***

## TRAINING SECTION STAFF

Debbie Fredericks..... Department Training Officer  
Ann D. Slaughter .....

Ann D. Slaughter .....	MTC Manager
Jack Futoran .....	EMS and LFG Training Coordinator
Dave Galanti .....	Training Specialist
Kenney Glaspie .....	Training Specialist
Karyn Lombard .....	Training Specialist
Sara M. Skinner .....	Training Specialist
Jason Smith .....	Academy Coordinator
Matt Cardinet .....	Cadet Training Officer
Jeremy Alling .....	Cadet Training Officer
Lisa Anthony .....	Program Coordinator
Edith Alhambra .....	Assistant Program Coordinator
Alex Franck.....	Assistant Program Coordinator
Pamela Yaeger .....	Assistant Program Coordinator

## THE MISSION

*of the California State Parks is to provide for the health, inspiration, and education of the people of California by helping to preserve the state's extraordinary biological diversity, protecting its most valued natural and cultural resources, and creating opportunities for high quality outdoor recreation.*



## **FORMAL TRAINING GUIDELINES**

Welcome to formal training, an essential component in your career development.

Since 1969, our Department has been providing a continuously changing number of diverse training programs at its main training facility, the William Penn Mott Jr. Training Center, and other locations including the Marconi Conference Center. The Department strives to enhance your learning and job performance with formal training of the highest quality.

Our Department's dedication to training is only one aspect of its commitment to you and to the public. This commitment is costly and represents an important investment in you and your career. You and the Department realize a return on that investment by your positive participation in formal training itself and post training follow-through.

The program you will participate in is described in this training syllabus, which outlines what you can expect from this training and what is expected of you. This syllabus details what you should do before you leave for training; what to do when you arrive; what you will be doing while in training; and, importantly, what you should be able to do when you return to your work site. Specifically:

1. **SYLLABUS:** The syllabus is now accessible on the Employee Training Management System (ETMS). You should be able to print a copy of the syllabus to bring with you to class. Your copy of this syllabus is an important part of your training experience and should be brought with you to training. Read it before you arrive and review it following the program along with material you received at training
2. **PRE-TRAINING ASSIGNMENTS:** Your completion of pre-training assignments is essential to the success of your training. You are responsible for all reading assignments in preparation for classroom sessions. Time will be provided during working hours to accomplish any assignments which involve either individual or group efforts and resources.

3. TRAVEL: Arrange your travel to and from the training through your District Office. No reimbursement for travel expense – including per diem cost – will be approved for travel not specifically authorized in advance by the District Superintendent. Individuals may claim reimbursement for incidental expenses incurred as outlined in DAM 0410.6.
4. HOUSING: Accommodations for this program will be at Best Western Plus Bayside Inn, 555 West Ash Street, San Diego, CA 92101. Phone number: (619) 233-7500. The Department provides your room and board expense, on a shared room basis, at the hotel only. No per diem allowance will be authorized for living off-grounds. This does not preclude living off-grounds at your own expense. In the event of an emergency, staff must know your room assignment; therefore, you may not switch rooms without staff approval. Overnight guests are not allowed in the rooms unless registered beforehand at the front desk. Check-in will be from 3:00 p.m. on the date of arrival. Check out 12:00 noon on the date of departure.

**Note:** You may be assigned a room at a motel while attending training. If so, you may be asked to present a valid credit or debit card while checking in to your room. Many motels require a credit card to cover charges incurred such as telephone calls, damages to rooms and/or furnishings, fees to clean rooms that have been smoked in that are not designated as smoking rooms, etc. Be prepared to handle this appropriately.

5. **ENROLLMENT OR HOUSING CANCELLATION POLICY:** To cancel participation in a course, the participant must have their District Superintendent or Section/Office Manager send an email to the Training Specialist assigned to the course requesting to remove the participant. If you do not need lodging or must change or cancel your reservation for lodging, you must contact the Mott Training Center or Training Specialist assigned to the course at least 2 weeks prior to your date of arrival. Lodging, registration, and associated fees will be charged to the employee's District or Section/Office if a training cancellation is received with less than two weeks' notice.

**The Training Section is committed to ensuring that the reservation that has been made for you is accurate and needed.**

6. CLOTHING: Field uniforms as found in "Description of Required Field Uniforms", DOM Chapter 2300, Uniform Handbooks, not including optional items, will be worn daily by all uniformed employees during formal training sessions **unless otherwise specified in the Program Attendance Checklist**. Non-uniformed employees shall wear apparel normally worn on the job. **It does not include such items as shorts, t-shirts, tank tops, or sandals.**

Because we are on grounds with many other groups, and the image we project as State Park employees is important not only during working hours but off duty hours as well, your informal sportswear should be appropriate.

7. **REGISTRATION:** When you arrive at Hampton Inn - Truckee, proceed directly to the front desk for your room key.
8. **COURSE LEADERS:** The formal training you will attend is developed and, for the most part, conducted by experienced DPR employees in the field and staff positions. Some courses will be conducted by qualified instructors from other agencies and educational institutions. Your course leaders have proven their ability and knowledge in their presentation, and provide a level of expertise difficulty to match.
9. **TRAINING SECTION STAFF:** Jack Futoran is your Training Specialist and has been assigned responsibility for your training group. During the program, you may be asked to assist Training Section staff in the logistics of your training program (organizing field trip transportation, supervising classroom breaks, etc.). Training Section staff will do all within their power to make your training experience pleasant and meaningful.
10. **TRAINING MATERIALS:** Materials may be made available to you at both your unit and the Training Center. Handout materials issued at your unit should be brought to training for possible use. A conference binder or notebook may be issued to you at the training session for notes and convenience in handling materials. Bring your own pens, pencils, etc.
11. **ATTENDANCE:** Regular attendance is a critical course requirement and your participation is important for the success of this training. An absence of more than 10% of the course hours constitutes grounds for dropping a participant from the course. The Department Training Officer may modify (except for POST RBC) this requirement based upon participant knowledge level and/or the portion of the course missed. All absences, except those of an emergency nature, must be approved in advance by the Training Specialist.
12. **CELL PHONES:** As a courtesy to your fellow participants and course leaders please ensure that your cell phone is turned off during classes. Participants should not be receiving or making cell phone calls during class time. Limit those calls to your breaks.
13. **TELEPHONE:** Limit phone calls during classroom hours to urgent business or emergencies. Anyone wishing to contact you by telephone during working hours should call (805) 223-0562.
14. **POST-TRAINING ASSIGNMENTS:** In connection with formal training, these are to be completed under the direction of your supervisor.

## LOCATION SPECIFIC INFORMATION

### **HOTEL:**

#### **Best Western Plus Bayside Inn**

555 West Ash Street  
San Diego, CA 92101  
(619) 233-7500

### **TRAINING SITE:**

#### **Crown Cove Aquatic Center**

5000 Highway 75  
Coronado, CA 92118  
(619) 429-1669

## PROGRAM ATTENDANCE CHECKLIST/PRE-TRAINING ASSIGNMENTS

To assist you in your preparation for formal training sessions at the following checklist is provided:

- \_\_\_\_\_ 1. Be sure to have read and understood the Emergency Medical Technician Refresher syllabus prior to the first scheduled session.
- \_\_\_\_\_ 2. Arrange your travel through your Unit/District Office.
- \_\_\_\_\_ 3. **CLOTHING: Uniforms will not be required for this class.** The dress for this course will be uniform pants (BDU style or the type authorized for wear in your District), polo shirts and boots or athletic shoes and no shorts or sandals. If you choose to wear a non-uniform polo shirt, the style and any decorations must be professional in appearance. As required by the uniform handbook all items shall be in good condition without visible wear or damage. We will be conducting scenarios in the warehouse and outside so bring plenty of layered clothing. **Bring at least one set of disposable/worn clothing for scenarios.**
- \_\_\_\_\_ 4. Bring the following with you to training:
  - A laptop computer and a thumb drive.**
  - One set of disposable/worn clothing for scenarios.
  - Recommended: Brady *Emergency Care* Textbook.
  - Recommended: a beach chair for scenarios.

### **Pre-Training Assignments:**

- \_\_\_\_\_ 5. The pre-training assignments include a written pretest due on the first full day of the course. The test will be comprehensive and may cover any EMT topic or related topic.
- \_\_\_\_\_ 6. The pre-training assignments include preparing for an additional test on the first full day of the course. The test will be comprehensive and may cover any EMT topic or related topic.

Be prepared for all skills as the pace will be quick; so we can allow for scenarios.

If you have any questions or need assistance, contact Training Coordinator Jack Futoran at (805) 223-0562 or [Jack.Futoran@parks.ca.gov](mailto:Jack.Futoran@parks.ca.gov)



## **POST-TRAINING ASSIGNMENT**

Prior to ninety days after the completion of this program, the employee and his/her supervisor should discuss the impact and assess the effectiveness this program has had on the employee.

The post-training evaluation process is intended to provide a bridge between classroom instruction and the on-the-job application of training. The information obtained through this process will assist the training participant, supervisor, and Training Center in providing a return on the investment the Department has on training.

**EMERGENCY MEDICAL TECHNICIAN REFRESHER GROUP 23**  
**March 9-11, 2016**

**Wednesday**  
**March 9**

1300-1330	Introduction/Orientation	Futoran
1330-1900	CPR/AED	Futoran
1900	REGISTRATION: <i>Check-in at Best Western Plus Inn Bayside</i>	

**Thursday**  
**March 10**

0800-0900	Entrance Exam	Staff
0900-1030	Medical: Assessment, Review, Exercises	Andrus
1030-1200	Trauma: Assessment, Review, Exercises	Wright
1200-1300	Lunch/Study/Question and Answer	
1300-1400	Communicable Disease	Rocca
1400-1430	Bleeding Control	Futoran
1430-1500	Obstetric Emergencies	Rocca
1500-1530	C-Spine	Futoran
1530-1600	Traction Splints	Wright
1600-1800	Skills LAB (30-Minute Rotations)	Staff

- Bleeding Control
- Childbirth
- Traction Splints
- C-Spine

**EMERGENCY MEDICAL TECHNICIAN REFRESHER GROUP 23**  
**March 9-11, 2016**

**Friday**

**March 11**

0800-0830	Communicable Diseases Exam	Staff
0830-0900	Drowning	Futoran
0900-1000	Environmental Emergencies	Andrus
1000-1200	Scenarios	Andrus
1200-1300	Lunch/Study/Question and Answer	
1300-1430	Open Skills Lab	Staff
1430-1730	Skills Verification	Staff
1730-1800	Evaluations and Conclusion	Staff

## EMERGENCY MEDICAL TECHNICIAN REFRESHER

<b><u>PROGRAM OUTLINE</u></b>	<b><u>HOURS</u></b>
PRETEST.....	3
ORIENTATION AND INTRODUCTION.....	.5
TOPIC REVIEW .....	13
Patient Assessment Medical and Trauma	
Trauma	
CPR	
Medical Emergencies	
Traction Splints	
Communicable Diseases	
Environmental Emergencies	
Drowning	
Hemostatic Dressings	
SKILLS LAB/SCENARIOS .....	6
Patient Assessment, CPR, Bleeding Control, Childbirth, Traction, Cardiac Management, C-Spine, Oxygen Administration, LME/KED	
DPR WRITTEN EXAM – CPR/AED/CD .....	2
EMT SKILLS VERIFICATION .....	3
PROGRAM EVALUATION AND CONCLUSION.....	.5
<b>TOTAL HOURS.....</b>	<b>28</b>

## **EMERGENCY MEDICAL TECHNICIAN REFRESHER**

### **PURPOSE AND PERFORMANCE OBJECTIVES**

#### **PROGRAM ORIENTATION**

Purpose: The course content and logistics of the Training Center will be reviewed.

Performance Objectives: By the close of the session the participants will

1. Review course content, procedures, grading, and the evaluation processes.
2. Adhere to all Training Section Guidelines.

#### **EMERGENCY MEDICAL SERVICES EDUCATION**

Purpose: To provide required EMT Continuing Education hours and Skills Verification.

Performance Objectives: By the close of the session the participants will

1. Understand the EMS Programs and their roles in the Department.
2. Utilize the Department's EMT/CPR/AED Protocols and Skills.
3. Participate in the required instructional topics/blocks.
4. Satisfactorily complete written exams with at least 80%.
5. Satisfactorily complete the required skills verification.

#### **WRITTEN AND SKILLS TESTING/SCENARIOS**

Purpose: To provide the participant with the opportunity to participate/evaluate skills testing scenarios; to demonstrate skills competency; to show adequate knowledge base for all EMS programs.

Performance Objectives: By the close of the session the participants will

1. Demonstrate skills proficiency in EMT/CPR/AED.
2. Demonstrate cognitive proficiency in written CPR/AED/CD exams.
3. Demonstrate proficiency in performing multiple skills during scenarios.

## **EMERGENCY MEDICAL TECHNICIAN REFRESHER**

### **SUMMARY**

Purpose: To summarize and evaluate the EMT Refresher Program.

Performance Objectives: By the close of the session the participants will

1. Be familiar with the organization of the CSP EMS program.
2. Complete the program evaluation.
3. Identify questions of the Medical Director regarding the program.
4. Provide verbal feedback for future programs.

### **COURSE PASSING CRITERIA**

1. Minimum score 80% on all written exams covering EMT/CD/AED/CPR.
2. Skills competency for CPR/FBAO, Cardiac Management with AED, Bleeding Control/Shock Management, Emergency Childbirth, Patient Assessment Management – Medical and Trauma, Oxygen Administration, Spinal Immobilization, Traction Splints.
3. Remediation may be allowed at the discretion of the staff instructors and/or Medical Director.
4. Complete the Post-Training evaluation.