

State of California . The Natural Resources Agency . CA State Parks

# Emergency Medical Technician Refresher

September 16-18, 2014

## Training Syllabus



William Penn Mott Jr. Training Center



# Memorandum

**Date:** September 9, 2014  
**To:** Supervisor  
**From:** Theresa Bober, Department Training Officer  
William Penn Mott Jr. Training Center  
Department of Parks and Recreation  
**Subject:** Employee Attendance at Formal Training  
Emergency Medical Technician Refresher Group 17

An employee from your office will soon be attending the formal training program described in the attached. Please insure that the employee is fully prepared to attend the session and that the groundwork is laid for the employee's implementation of the training upon returning to work.

You can assist with capturing the full value of the training by taking the following steps:

### Prior to Training

1. Make sure that **specific** employee needs are identified and, if necessary, called immediately to the attention of the Training Coordinator.
2. Review with the employee the reason for the employee's attendance.
3. Review objectives and agenda with the employee.
4. Discuss objectives and performance expected after the training.

### Immediately Following Attendance

1. Discuss what was learned and intended uses of the training.
2. Review the employee's assessment of the training program for its impact at the workplace and review the due date of the Post-Training Evaluation form.
3. Support the employee's use of the training at the work place.

### Prior to Three Months Following Training

1. Employee after discussion with the supervisor login to the Employee Training Management System (ETMS) to complete the Post-Training Evaluation form.
2. Supervisor evaluates the effectiveness of the training on the employee's job performance and login to the ETMS to complete the Training Effectiveness Assessment form.

Thank you for your assistance in seeing that the full benefit of training is realized.

Attachment

cc: Participant

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***Mission Statement  
Training Section***

***The mission of the Training Section is to improve  
organizational and individual performance and  
productivity through consulting, collaboration,  
training, and development.***

## TRAINING SECTION STAFF

Theresa Bober ..... Department Training Officer  
Sara M. Skinner ..... Training Specialist  
Dave Galanti ..... Training Specialist  
Karyn Lombard ..... Training Specialist  
Matt Cardinet ..... Cadet Training Officer  
Travis Gee ..... Cadet Training Officer  
Connie Breakfield ..... Field Training Program Manager  
Pamela Yaeger ..... Assistant Program Coordinator  
Edith Alhambra ..... Assistant Program Coordinator  
Lisa Anthony ..... Assistant Program Coordinator

## THE MISSION

*of the California State Parks is to provide for the health, inspiration, and education of the people of California by helping to preserve the state's extraordinary biological diversity, protecting its most valued natural and cultural resources, and creating opportunities for high quality outdoor recreation.*



## **FORMAL TRAINING GUIDELINES**

Welcome to formal training, an essential component in your career development.

Since 1969, our Department has been providing a continuously changing number of diverse training programs at its main training facility, the William Penn Mott Jr. Training Center, and other locations including the Marconi Conference Center. The Department strives to enhance your learning and job performance with formal training of the highest quality.

Our Department's dedication to training is only one aspect of its commitment to you and to the public. This commitment is costly and represents an important investment in you and your career. You and the Department realize a return on that investment by your positive participation in formal training itself and post training follow-through.

The program you will participate in is described in this training syllabus, which outlines what you can expect from this training and what is expected of you. This syllabus details what you should do before you leave for training; what to do when you arrive; what you will be doing while in training; and, importantly, what you should be able to do when you return to your work site. Specifically:

1. **SYLLABUS:** The syllabus is now accessible on the Employee Training Management System (ETMS). You should be able to print a copy of the syllabus to bring with you to class. Your copy of this syllabus is an important part of your training experience and should be brought with you to training. Read it before you arrive and review it following the program along with material you received at training
2. **PRE-TRAINING ASSIGNMENTS:** Your completion of pre-training assignments is essential to the success of your training. You are responsible for all reading assignments in preparation for classroom sessions. Time will be provided during working hours to accomplish any assignments which involve either individual or

group efforts and resources. (Pre-training assignments are listed in the “Training Attendance Requirements” section.)

3. TRAVEL: Arrange your travel to and from the training through your District Office. No reimbursement for travel expense – including per diem cost – will be approved for travel not specifically authorized in advance by the District Superintendent. Individuals may claim reimbursement for incidental expenses incurred as outlined in DAM 0410.6.
4. HOUSING: The Department provides your room and board expense, on a shared room basis, at the hotel only. No per diem allowance will be authorized for living off-grounds. This does not preclude living off-grounds at your own expense. In the event of an emergency, staff must know your room assignment; therefore, you may not switch rooms without staff approval. Overnight guests are not allowed in the rooms unless registered beforehand at the front desk. Check-in will be from 3:00 p.m. on the date of arrival. Check out 12:00 noon on the date of departure. Email will be sent with hotel directions.

**Note:** You may be assigned a room at a motel while attending training. If so, you may be asked to present a valid credit or debit card while checking in to your room. Many motels require a credit card to cover charges incurred such as telephone calls, damages to rooms and/or furnishings, fees to clean rooms that have been smoked in that are not designated as smoking rooms, etc. Be prepared to handle this appropriately.

5. **ENROLLMENT OR HOUSING CANCELLATION POLICY:** To cancel participation in a course, the participant must have their District Superintendent or Section/Office Manager send an email to the Training Specialist assigned to the course requesting to remove the participant. If you do not need lodging or must change or cancel your reservation for lodging, you must contact the Mott Training Center or Training Specialist assigned to the course at least 2 weeks prior to your date of arrival. Lodging, registration, and associated fees will be charged to the employee’s District or Section/Office if a training cancellation is received with less than two weeks’ notice.

The Training Section is committed to ensuring that the reservation that has been made for you is accurate and needed.

6. CLOTHING: Field uniforms as found in “Description of Required Field Uniforms”, DOM Chapter 2300, Uniform Handbooks, not including optional items, will be worn daily by all uniformed employees during formal training sessions **unless otherwise specified in the Program Attendance Checklist.** Non-uniformed employees shall wear apparel normally worn on the job. **It does not include such items as shorts, t-shirts, tank tops, or sandals.**

Because we are on the grounds with many other groups, and the image we project as State Park employees is important not only during working hours but off duty hours as well, your informal sportswear should be appropriate.

7. **REGISTRATION:** When you arrive at the Best Western Seacliff Inn in Aptos, go directly to the front desk for your room key.
8. **COURSE LEADERS:** The formal training you will attend is developed and, for the most part, conducted by experienced DPR employees in the field and staff positions. Some courses will be conducted by qualified instructors from other agencies and educational institutions. Your course leaders have proven their ability and knowledge in their presentation, and provide a level of expertise difficulty to match.
9. **TRAINING SECTION STAFF:** Travis Gee is your Training Specialist and has been assigned responsibility for your training group. During the program, you may be asked to assist Training Section staff in the logistics of your training program (organizing field trip transportation, supervising classroom breaks, etc.). Training Section staff will do all within their power to make your training experience pleasant and meaningful.
10. **TRAINING MATERIALS:** Materials may be made available to you at both your unit and the Training Center. Handout materials issued at your unit should be brought to training for possible use. A conference binder or notebook may be issued to you at the training session for notes and convenience in handling materials. Bring your own pens, pencils, etc.
11. **ATTENDANCE:** Regular attendance is a critical course requirement and your participation is important for the success of this training. An absence of more than 10% of the course hours constitutes grounds for dropping a participant from the course. The Department Training Officer may modify (except for POST RBC) this requirement based upon participant knowledge level and/or the portion of the course missed. All absences, except those of an emergency nature, must be approved in advance by the Training Specialist.
12. **CELL PHONES:** As a courtesy to your fellow participants and course leaders please ensure that your cell phone is turned off during classes. Participants should not be receiving or making cell phone calls during class time. Please limit those calls to your breaks.
13. **TELEPHONE:** Limit phone calls during classroom hours to urgent business or emergencies. Anyone wishing to contact you by telephone during working hours should call (831) 688-7300.
14. **POST-TRAINING ASSIGNMENTS:** In connection with formal training, these are to be completed under the direction of your supervisor. See "Program Attendance Requirements" in this syllabus.

## PROGRAM ATTENDANCE CHECKLIST / PRE-TRAINING ASSIGNMENTS

To assist you in your preparation for formal training sessions at the following checklist is provided:

- \_\_\_\_\_ 1. Be sure to have read and understood the Emergency Medical Technician Refresher syllabus prior to the first scheduled session.
- \_\_\_\_\_ 2. Arrange your travel through your Unit/District Office.
- \_\_\_\_\_ 3. **CLOTHING: Uniforms will not be required for this class.** The dress for this course will be uniform pants (BDU style or the type authorized for wear in your District), polo shirts and boots or athletic shoes and no shorts or sandals. If you choose to wear a non-uniform polo shirt, the style and any decorations must be professional in appearance. As required by the uniform handbook all items shall be in good condition without visible wear or damage. We will be conducting scenarios in the warehouse and outside so bring plenty of layered clothing. **Bring at least one set of throw-away clothing for scenarios.**
- \_\_\_\_\_ 4. Bring the following with you to training:
  - A laptop computer! A thumb drive!**
  - One set of disposable clothing for scenarios.
  - Recommended: a beach chair for scenarios.

### **Pre-Training Assignments:**

- \_\_\_\_\_ 5. The pre-training assignments include completing the required pre-test. Bring it completed and submit on Tuesday, September 16, 2014 (12 Hours CE's). Review all of your EMT / CPR Skills.  
<http://ems.team.parks.ca.gov/Shared%20Documents/Forms/AllItems.aspx>  
Be prepared for all skills as the pace will be quick; so we can allow for plenty of time for scenarios.

If you have any questions or need assistance, contact Training Specialist Travis Gee at (530) 893-7340 or [Travis.Gee@parks.ca.gov](mailto:Travis.Gee@parks.ca.gov).

## **POST-TRAINING ASSIGNMENT**

Prior to ninety days after the completion of this program, the employee and his/her supervisor should sit down and discuss the impact and assess the effectiveness this program has had on the employee. Then both the supervisor and employee should login to the Employee Training Management System (ETMS) and complete the Post-Training Evaluation form (an email will be sent to both employee and supervisor notifying them that the evaluation needs to be completed).

The post-training evaluation process is intended to provide a bridge between classroom instruction and the on-the-job application of training. The information obtained through this process will assist the training participant, supervisor, and Training Center in providing a return on the investment the Department has on training.



**EMERGENCY MEDICAL TECHNICIAN REFRESHER GROUP 17**  
**September 16-18, 2014**

**Tuesday**  
**September 16**

1500	REGISTRATION: <i>Check-in at the Best Western Seacliff Inn in Aptos</i>	All
	Students Complete Written Self-Study and Pre-Class Packet	

**Wednesday**  
**September 17**

0800-0830	Orientation (Collect Take-Home Exam)	Staff
0830-0915	Patient Assessment - Trauma <ul style="list-style-type: none"> <li>• Skill Demonstration</li> <li>• Skill Practice</li> </ul>	Staff
0915-1000	Patient Assessment - Medical <ul style="list-style-type: none"> <li>• Skill Demonstration</li> <li>• Skill Practice</li> </ul>	
1000-1100	Medical Emergencies	Staff
1100-1200	Skills LAB (Patient Assessment) <ul style="list-style-type: none"> <li>• Rotation of 6 Stations Every 5 Minutes</li> <li>• Diabetic Pt.</li> <li>• Heart Attack</li> <li>• Bee Sting</li> <li>• Fall from Tree</li> <li>• Gunshot Wound (Entrance / Exit)</li> <li>• Acute Shock Reaction (ASR)</li> <li>• Debrief</li> </ul>	Staff
1200-1300	Lunch	
1300-1400	Trauma	Staff
1400-1500	Cardiac Management – CPR / AED Review <ul style="list-style-type: none"> <li>• Skill Demonstration</li> <li>• Skill Practice</li> </ul>	Staff
1500-1600	Skills LAB (Patient Assessment / CPR) <ul style="list-style-type: none"> <li>• River Lab</li> <li>• FBAO / CPR Skills Verification</li> </ul>	Staff
1600-1700	Lifting, Moving, and Extrication (LME / B.E.A.M.)	Staff
1700-1800	Hemostatic Dressing	Staff

**EMERGENCY MEDICAL TECHNICIAN REFRESHER GROUP 17**  
**September 16-18, 2014**

**Thursday**  
**September 18**

0800-0900	Environmental Emergencies	Staff
0900-1000	Scenarios	Staff
1000-1200	Skills LAB (30-Minute Rotations) <ul style="list-style-type: none"><li>• Bleeding Control</li><li>• Childbirth</li><li>• Traction Splints</li><li>• C-Spine</li></ul>	Staff
1200-1300	Lunch	
1300-1700	CPR / AED / CD Written Final / Skills Verification <ul style="list-style-type: none"><li>• Written Tests Completed Between Going to Skill Stations</li></ul>	Staff
1700-1800	Evaluations	Staff

## EMERGENCY MEDICAL TECHNICIAN REFRESHER

<b><u>PROGRAM OUTLINE</u></b>	<b><u>HOURS</u></b>
WRITTEN SELF-STUDY GUIDE / PRE-TEST.....	12
ORIENTATION AND INTRODUCTION.....	.5
LECTURE REVIEW .....	5
Patient Assessment Medical and Trauma .....	
Trauma .....	
CPR .....	
Medical Emergencies .....	
Lifting, Moving, and Extrication .....	
Geriatric and Pediatric Patients.....	
Environmental Emergencies .....	
Behavioral Emergencies .....	
Hemostatic Dressings .....	
SKILLS LAB .....	7
Patient Assessment, CPR, Bleeding Control, Childbirth, Traction, Cardiac.....	
Management, C-Spine, Oxygen Administration, LME / KED.....	
SKILLS SCENARIOS.....	3
DPR WRITTEN EXAM – CPR / AED / CD .....	1
EMT SKILLS VERIFICATION .....	3
PROGRAM EVALUATION AND CONCLUSION.....	.5
<b>TOTAL HOURS.....</b>	<b>32</b>

## **EMERGENCY MEDICAL RESPONDER INSTRUCTOR REFRESHER**

### **PROGRAM ORIENTATION**

Purpose: The course content and logistics of the Training Center will be reviewed.

Performance Objectives: By the close of the session the participants will

1. Review course content, procedures, grading and evaluation processes.
2. Adhere to all Training Section Guidelines.

### **EMERGENCY MEDICAL SERVICES EDUCATION**

Purpose: To provide required EMT Continuing Education hours and Skills Verification.

Performance Objectives: By the close of the session the participants will

1. Identify direction of the EMS Programs in the Department.
2. Define the Department's EMR / CPR / AED Protocols and Skills.
3. Complete the required lecture topics.
4. Satisfactorily complete written exams.
5. Satisfactorily complete the required skills verification.

### **WRITTEN AND SKILLS TESTING / SCENARIOS**

Purpose: To provide the participant with the opportunity to participate / evaluate skills testing scenarios; to demonstrate skills competency; to show adequate knowledge base for all EMS programs.

Performance Objectives: By the close of the session the participants will

1. Demonstrate skills proficiency in EMR / CPR / AED.
2. Demonstrate cognitive proficiency in written CPR / AED / CD exams.
3. Demonstrate proficiency in performing multiple skills during scenarios.

## **SUMMARY**

Purpose: To summarize and evaluate the EMR Refresher Program.

Performance Objectives: By the close of the session the participants will

1. Review the program.
2. Complete the program evaluation.
3. Identify questions of the Medical Director regarding the program.
4. Provide verbal feedback for future programs.

## **COURSE PASSING CRITERIA**

1. 80% on all written exams covering EMR, CD, AED / CPR.
2. Skills competency for CPR / FBAO, Cardiac Management with AED, Bleeding Control/Shock Management, Emergency Childbirth, Patient Assessment Management – Medical and Trauma, Oxygen Administration, Spinal Immobilization, Traction Splints.
3. Remediation may be allowed at the discretion of the staff instructors and/or Medical Director.
4. Complete Post-Training evaluation.