February 9-March 2, 2013

**Training Syllabus** 



William Penn Mott Jr. Training Center



### Memorandum

**Date:** January 28, 2013

To: Supervisor

**From:** William Penn Mott Jr. Training Center

**Department of Parks and Recreation** 

Subject: Employee Attendance at Formal Training

Emergency Medical Technician Group 7

An employee from your office will soon be attending the formal training program described in the attached. Please insure that the employee is fully prepared to attend the session and that the groundwork is laid for the employee's implementation of the training upon returning to work.

You can assist with capturing the full value of the training by taking the following steps:

### Prior to Training

- 1. Make sure that **specific** employee needs are identified and, if necessary, called immediately to the attention of the Training Coordinator.
- 2. Review with the employee the reason for the employee's attendance.
- 3. Review objectives and agenda with the employee.
- 4. Discuss objectives and performance expected after the training.

### Immediately Following Attendance

- 1. Discuss what was learned and intended uses of the training.
- 2. Review the employee's assessment of the training program for its impact at the workplace and review the due date of the Post-Training Evaluation form.
- 3. Support the employee's use of the training at the work place.

### Prior to Three Months Following Training

- 1. Employee after discussion with the supervisor login to the Employee Training Management System (ETMS) to complete the Post-Training Evaluation form.
- 2. Supervisor evaluates the effectiveness of the training on the employee's job performance and login to the ETMS to complete the Training Effectiveness Assessment form.

Thank you for your assistance in seeing that the full benefit of training is realized.

Joanne Danielson

Department Training Officer, Acting

cc: Participant

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### Mission Statement Training Section

The mission of the Training Section is to improve organizational and individual performance and productivity through consulting, collaboration, training, and development.

### **TRAINING SECTION STAFF**

Joanne DanielsonJuventino Ortiz	
Pat Bost	Office Manager
Chuck Combs	Training Specialist
Sara M. Skinner	
Dave Galanti	
Karyn Lombard	
Matt Cardinet	
Dan Kraft	<del>_</del>
Nicole Shannon	
Dan Raducanu	
Pamela Yaeger	
Edith Alhambra	
Ellen Dewsnup	
Socorro Wallace	
Joanne Ciccone	Program Assistant
Ginger Henry	
Rogers Williams	

### THE MISSION

of the California State Parks is to provide for the health, inspiration, and education of the people of California by helping to preserve the state's extraordinary biological diversity, protecting its most valued natural and cultural resources, and creating opportunities for high quality outdoor recreation.



### FORMAL TRAINING GUIDELINES

Welcome to formal training, an essential component in your career development.

Since 1969, our Department has been providing a continuously changing number of diverse training programs at its main training facility, the William Penn Mott Jr. Training Center, and other locations including Marconi Conference Center. The Department strives to enhance your learning and job performance with formal training of the highest quality.

Our Department's dedication to training is only one aspect of its commitment to you and to the public. This commitment is costly and represents an important investment in you and your career. You and the Department realize a return on that investment by your positive participation in formal training itself and post training follow-through.

The program you will be participating in is described in this training syllabus, which outlines what you can expect from this training and what is expected of you. This syllabus details what you should do before you leave for training; what to do when you arrive; what you will be doing while in training; and, importantly, what you should be able to do when you return to your work site. Specifically:

- 1. SYLLABUS: The syllabus is now accessible on the Employee Training Management System (ETMS). Your copy of this syllabus is an important part of your training experience and should be brought with you to training. Read it before you arrive and review it following the program along with material you received at training.
- 2. PRE-TRAINING ASSIGNMENTS: Your completion of pre-training assignments is essential to the success of your training. You are responsible for all reading assignments in preparation for classroom sessions. Time will be provided during working hours to accomplish any assignments which involve either individual or group efforts and resources. (Pre-training assignments are listed in the "Training Attendance Requirements" section.)
- 3. TRAVEL: Arrange your travel to and from the training site through your District or Office. (No reimbursement for travel expense including per diem costs will be

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approved for travel not specifically authorized in advance by the District Superintendent). Individuals may claim reimbursement for incidental expenses incurred as outlined in DAM 0410.6. The Mott Training Center does not have the capability to provide transportation to/from Monterey Airport.

The cost of your travel (air fair, mileage, rental car, etc.) is paid by your District or Office **to** and **from** the location of training.

4. HOUSING: Housing will be assigned to you on a shared-room basis and will be available from 3:00 p.m. on the date of arrival to 10:00 a.m. on the date of departure. The Department provides your room and board expenses at the Mott Training Center only. No per diem allowance will be authorized for living off grounds. This does not preclude living off-grounds at your own expense. Please advise the Training Specialist no later than one week before your scheduled arrival if you plan to live off-grounds. No animals are permitted in Asilomar housing. In the event of an emergency, staff must know your room assignment, therefore, you may not switch rooms without staff approval. Overnight guests are not allowed in the buildings unless registered beforehand at the front desk in Asilomar's Administration Building. Quiet hour for lodge living areas is 10:00 p.m.

Please note: You may be assigned a room at a motel while attending training. If so you may be asked to present a valid credit or debit card while checking in to your room. Many motels require a credit card to cover charges incurred such as telephone calls, damages to rooms and/or furnishings, fees to clean rooms that have been smoked in that are not designated as smoking rooms, etc. Please be prepared to handle this appropriately.

5. ENROLLMENT OR HOUSING CANCELLATION POLICY: To cancel participation in a course, the participant must have their District Superintendent or Section/Office Manager send an email to the Training Specialist assigned to the course requesting to remove the participant. If you do not need lodging you must cancel your reservation for lodging, you must contact the Mott Training Center or Training Specialist assigned to the course at least 72 hours prior to your date of arrival. Lodging, registration, and associated fees will be charged to the employee's District or Section/Office if a training cancellation is received with less than 72 hours notice.

The Mott Training Center is committed to ensuring that the reservation that has been made for you is accurate and needed.

- 6. OFF-GROUNDS ACCOMMODATIONS: When authorized to stay off-grounds by the Department Training Officer, the Mott Training Center will pickup the cost of your room and meals at the current DPR Asilomar rate. If you stay off grounds and have meals on grounds, the Mott Training Center will authorize only what the Department pays Asilomar for lodging.
- 7. MEALS: Meals will be provided, semi-cafeteria style, from dinner on the date of arrival through lunch on the date of departure. Meals will be served at 7:15 a.m. for

breakfast, 12:00 noon for lunch, and 6:00 p.m. for dinner. Hot or box lunches may be provided on some days. If you require a special diet, notify the Asilomar Chef at 831-372-8016 no later than one week before your scheduled arrival.

In order to assist participants with limited mobility, Asilomar provides a shuttle to and from the dining hall. Please contact either Asilomar staff upon check in, or Mott Training Center staff upon your arrival, for instructions on arranging a transport.

8. CLOTHING: Field uniforms as found in "Description of Required Field Uniforms", DOM Chapter 2300, Uniform Handbooks, not including optional items, will be worn daily by all uniformed employees during formal training sessions <u>unless otherwise specified in the Program Attendance Checklist</u>. Non-uniformed employees shall wear apparel normally worn on the job. Appropriate attire includes apparel suitable for professional office dress. It does not include such items as shorts, t-shirts, tank tops, or sandals.

Because we are on the conference grounds with many other groups, and the image we project as State Park employees is important not only during working hours but off duty hours as well, your informal sportswear should be appropriate.

- 9. ROOM SAFES: Two safes have been installed in each of the lodge rooms used by the Mott Training Center (Live Oak, Tree Tops, and Deer Lodge). These safes are a type that allows the user to input their own combination of numbers to facilitate opening and closing. The Mott Training Center has a master key for emergency entry. Safes are to be left in the open position when checking out of your room.
- 10. WEAPONS: Weapons are permitted in rooms under the following conditions. Authorized firearms and magazines stored while at the Mott Training Center shall be in a safe condition and stored in one of the following locations: your room safe in Live Oak, Tree Tops, or Deer Lodge, one of the Mott Training Center's safes in the Whitehead Room or secured in your vehicle.
- 11. ALCOHOLIC BEVERAGES: Participants shall not possess or consume alcoholic beverages in common areas (living room) while on the Asilomar Conference Grounds unless provided and hosted by Concessionaire ARAMARK.
- 12. SMOKING: Smoking is not permitted in the Mott Training Center or in any lodge or guest room on the Asilomar Conference Grounds.
- 13. TRAINING CENTER: The Mott Training Center is located on Asilomar Conference Grounds, part of Asilomar State Beach. The Conference Grounds are operated for our Department by a concessionaire, and all lodging and food services are provided to us by employees of the concessionaire. Constant efforts are made to maintain a sound, harmonious working relationship between the Department and concessionaire. None of us can expect preferential treatment for any reason and, as a departmental employee, you will be expected to join in our continuing effort toward an effective relationship with each Asilomar concession staff member. On occasion, non-departmental groups may be staying in the same lodges. It is imperative that you represent the Department well on and off duty.

- 14. REGISTRATION: When you arrive at Asilomar Conference Grounds, go directly to the front desk at the Asilomar Administration Building for your room key and dining room ticket. If you require vegetarian meals, notify the front desk representative and your meal ticket will be marked accordingly.
- 15. COURSE LEADERS: The formal training you will attend is developed and, for the most part, conducted by experienced State Park employees in field and staff positions. Some courses will be conducted by qualified instructors from other agencies and educational institutions. Your course leaders have proven their ability and knowledge in their profession, and provide a level of expertise difficult to match.
- 16. TRAINING SECTION STAFF: Michael Silvestri is your Training Specialist and has been assigned the responsibility for your training group. That staff member usually serves as a Course Leader as well as a Coordinator. During the program, you may be asked to assist Training Section Staff in the logistics of your training program (organizing field trip transportation, supervising classroom breaks, etc.). Training Section Staff will do all within their power to make your training experience pleasant and meaningful.
- 17. TRAINING MATERIALS: May be made available to you at both your unit and the Mott Training Center. Handout materials issued at your unit should be brought to training for possible use. A conference binder or notebook will be issued to you at the training session for note taking and convenience in handling materials. Copies of DAM and DOM will be available to you for self-study. Bring your own pens and pencils.
- 18. ATTENDANCE: Regular attendance is a critical course requirement and your participation is important to the success of this training. An absence of more than 10% of the course hours constitutes grounds for dropping a participant from the course. The Department Training Officer may modify this requirement based upon participant knowledge level and/or the portion of the course missed. All absences, except those of an emergency nature, must be approved in advance by the Training Specialist.
- 19. VEHICLES: All vehicles should be parked in the lots adjacent to the Mott Training Center. Any questions regarding use of a State vehicle while at the Mott Training Center should be discussed with your supervisor prior to your departure for training, or with your Program Coordinator while at the Mott Training Center.
- 20. BICYCLES: If you bring your bicycle, store it in the bicycle shed next to the Mott Training Center. Bicycles may not be brought into any building nor chained to lamp posts, trees, etc. The Mott Training Center has a limited number of bicycles available for your use. Prior to your use, you are required to complete a safety inspection and sign a waiver which is posted in the bicycle shed.

21. MAIL: Mail forwarded to you during your time at the Center should be addressed to you in care of:

### Department of Parks and Recreation WILLIAM PENN MOTT JR. TRAINING CENTER P. O. Box 699, Pacific Grove, CA 93950

- 22. CELL PHONES: As a courtesy to your fellow participants and course leaders ensure that your cell phone is turned off during classes. Participants should not be receiving or making cell phone calls during class time. Please limit those calls to your breaks.
- 23. FAX: The Mott Training Center's FAX number is (831) 649-2824.
- 24. TELEPHONE: Limit phone calls during classroom hours to urgent business or emergencies. Anyone wishing to contact you by telephone during working hours should call the Center at (831) 649-2954. Calls after 5:00 p.m. or during weekends should be made to (831) 372-8016, Asilomar Conference Grounds, and the caller should tell the switchboard operator you are with a California State Parks training group. Please Note: There are no longer pay telephones outside of the Mott Training Center. There are pay telephones located at the Asilomar Administration Building.
- 25. LAUNDRY AND DRY CLEANING: May be taken care of by you at one of several local establishments.
- 26. RECREATION: Facilities available on grounds include a heated swimming pool, pool tables, and a volleyball court. The Monterey area offers horseback riding, golf, tennis, racquetball, deep sea fishing, and many historical landmarks and scenic sights to explore.
- 27. POST-TRAINING ASSIGNMENTS: In connection with formal training are to be completed under the direction of your supervisor. See "Program Attendance Requirements" in this syllabus.
- 28. COFFEE BREAK REFRESHMENTS: Will be available throughout each session. You will be asked to contribute to the "Hospitality Fund" to defray expenses. Please <u>bring</u> your <u>own coffee cup</u>.

### PROGRAM ATTENDANCE CHECKLIST

-	u in your preparation for formal training at the William Penn Mott Jr. Training following checklist is provided.
 1.	Be sure you have read and understand the EMT Program Syllabus prior to the first scheduled session.
 2.	Arrange your travel through your District Office.
 3.	Uniforms will be required. Department uniforms that may be worn include authorized:
	<ul> <li>Field uniform long trousers</li> <li>Class B long trousers</li> <li>Tactical trousers</li> <li>Long or short sleeve polo shirts</li> <li>Long or short sleeve field uniform shirts</li> <li>Field uniform jackets</li> <li>Closed toe field uniform shoes</li> <li>NO SHORTS or T-SHIRTS</li> </ul>
 4.	Students will meet the current classification grooming standards at all times.
 5.	Throw-away clothes for scenarios.
 6.	Visit the National Registry Website at www.nremt.org. Become familiar with their program, skills and testing process.
 7.	Visit the Brady Books Website at www.brady.com. Become familiar with MyLab capabilities.
 8.	Study the enclosed skills sheets especially Patient Assessment Medical and Trauma.
 9.	Prepare as much as you can prior to class. This course proceeds rapidly and covers a lot of information and many skills in a very short period of time.

NOTE: There is a required ten-hour clinical shift for this class which will be scheduled for the Community Hospital of the Monterey Peninsula. There are only two-single person shifts available per day (0600-1600 hours and 1600-0200 hours). Due to the size of the class, shifts will begin on the morning of day 2 and continue through the end of the class (including weekends). If you know of a certain day or days that you cannot attend, please let Mike Silvestri know immediately (Mike.Silvestri@parks.ca.gov). It is recommended that everyone attempt to stay at Mott through the weekends of the program for the additional skills practice and tutoring sessions.

### POST-TRAINING ASSIGNMENT

Prior to ninety days after the completion of this program, the employee and his/her supervisor should sit down and discuss the impact and assess the effectiveness this program has had on the employee. Then both the supervisor and employee should login to the Employee Training Management System (ETMS) and complete the Post-Training Evaluation form (an email will be sent to both employee and supervisor notifying them that the evaluation needs to be completed).

The post-training evaluation process is intended to provide a bridge between classroom instruction and the on-the-job application of training. The information obtained through this process will assist the training participant, supervisor, and Training Section in providing a return on the investment the Department has on training.

Saturday	
<b>February</b>	9
1500-	

Check-in at Asilomar

Sunday February 10 0800-1000 1000-1100 1100-1200 1200-1300 1300-1500 1500-1600 1600-1800	EMT Program Orientation Lifting and Moving Patients (Chp. 3)/LME and BEAM Monterey Hospital Clinical Orientation LUNCH Introduction to Emergency Medical Care (Chp. 1) Highway Safety and Vehicle Extrication (Chp. 40) Medical Terminology, Anatomy and Physiology (Chp. 5)	Silvestri Topar/Wright Byron Merritt, RN Matin Topar/Wright Dunnavant
Monday February 11 0800-0900 0900-1100 1100-1200 1200-1300 1300-1600 1600-1700	Quiz on Chapters 1, 3, 5 and 40 Principles of Pathophysiology (Chp. 6) Life Span Development (Chp. 7) LUNCH Airway Management (Chp. 8) LAB – Airway Management	Silvestri Vodrazka Sturm Dunnavant Staff
Tuesday February 12 0800-0900 0900-1100 1100-1200 1200-1300 1300-1400 1400-1500 1500-1600 1600-1700	Quiz on Chapters 6, 7 and 8 Respiration and Artificial Ventilation (Chp. 9) LAB – Airway Management and Artificial Ventilation LUNCH LAB – Airway Management and Artificial Respiration Scene Size-Up (Chp. 10) The Primary Assessment (Chp. 11) Vital Signs and Monitoring Devices	Vodrazka Dunnavant Staff Staff McCallan Wessitsh Vodrazka
Wednesday February 13 0800-0900 0900-1000 1000-1100 1100-1200	Quiz on Chapters 9, 10 and 11 Assessment of the Trauma Patient (Chp. 13) Assessment of the Medical Patient (Chp. 14) LAB – Trauma Patient	Silvestri Topar Silvestri Staff

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1200-1300 LUNCH

Wednesday February 13 (C	ontinued)	
1300-1400	LAB – Medical Patient	Staff
1400-1500	Reassessment, Critical Thinking and Decision Making (Chp. 15, 16)	Vodrazka
1500-1700	Scenarios – Critical Thinking and Decision Making	Staff
Thursday		
February 14	Ouiz on Chantara 12, 14, 15 and 16	\//riabt
0800-0900 0900-1100	Quiz on Chapters 13, 14, 15 and 16 Cardiac Emergencies (Chp. 20)	Wright Dunnavant
1100-1200	LAB – Cardiac Management	Staff
1200-1200	LUNCH	Otan
1300-1600	LAB – Airway/Oxygen/Assessment/Cardiac Management	Staff
1600-1700	Behavioral and Psychiatric Emergencies and Suicide (Chp. 25)	Vodrazka
Friday February 1 <u>5</u>		
0800-0900	Quiz on Chapters 20 and 25	Vodrazka
0900-1100	Respiratory Emergencies (Chp. 19)	Dunnavant
1100-1200	LAB – Airway/Oxygen/Cardiac Management	Staff
1200-1300	LUNCH	
1300-1600	Skills Verifications	Staff
	Bag-Valve Mask Ventilation of an Apneic Adult Patiel Oxygen Administration by Non-rebreather Mask Cardiac Arrest Management / AED	nt
1600-1700	Weekly Review/Orientation for Weekend and	Silvestri
	Second Week	
	<b>Take-home Quiz</b> on Chapter 19 and Practice Exam # 1	
Saturday <u>February 16</u>	Optional Skills LAB/Tutoring	Staff
Sunday		
February 17		

Monday February 18 0800-1000 1000-1200 1200-1300 1300-1500 1500-1700	Mid-Term # 1 General Pharmacology (Chp. 18) LUNCH Trauma to the Head, Neck and Spine (Chp. 31) LAB – C-spine	Silvestri Andrus Dunnavant Staff
Tuesday February 19 0800-0900 0900-1100 1100-1200 1200-1300 1300-1400 1400-1700	Communications and Documentation (Chp. 17) Allergic Reaction (Chp. 22) Musculoskeletal Trauma (Chp. 30) LUNCH Musculoskeletal Trauma LAB – Fractures and C-spine Take Home Quiz on Chapters 17, 18, 22, 30 and 31	Futoran Dunnavant Andrus/Kramp Andrus/Kramp Staff
Wednesday February, 20 0800-1000 1000-1100 1100-1200 1200-1300 1300-1500 1500-1700	DPR – Emergency Medical Services Program Scenarios – Communication and Documentation Exercises Diabetic Emergencies and Altered Mental Status (Chp. 21) LUNCH Diabetic Emergencies and Altered Mental Status LAB – C-spine/Fractures	Pelonio Pelonio/ Futoran Dunnavant Dunnavant Staff
Thursday February 21 0800-1000 0900-1100 1100-1200 1200-1300 1300-1500 1500-1700	Bleeding and Shock (Chp. 27) LAB - Bandaging 101 Environmental Emergencies (Chp. 33) LUNCH Environmental Emergencies LAB - Bleeding/C-spine/Fractures	Dunnavant Silvestri/Topar Wright/Sturm Wright/Sturm

Friday February 22 0800-0900 0900-1200	Quiz on Chapters 21, 27 and 33  Skills Verifications  Supine Spinal Immobilization  Random EMT Skills - Two	Silvestri Staff
1200-1300 1300-1600 1600-1700	LUNCH Obstetric and Gynecologic Emergencies (Chp. 34) LAB – Childbirth	Dunnavant
Saturday February 23	Optional Skills LAB/Tutoring	Staff
Sunday <u>February 24</u>	Optional Skills LAB/Tutoring	Staff
Monday February 25 0800-1000 1000-1200 1200-1300 1300-1500 1500-1600 1600-1700	Mid-Term #2 Poisoning and Overdose Emergencies (Chp. 23) LUNCH Soft Tissue Trauma (Chp. 28) Hematologic and Renal Emergencies (Chp. 26) Multisystem Trauma (Chp. 32)	Silvestri Rhee-Pizano Stinson Dunnavant Andrus
Tuesday February 26 0800-0900 0900-1100 1100-1200 1200-1300 1300-1600 1600-1700	Quiz on Chapters 23, 26, 28 and 32 Pediatric Emergencies (Chp. 35) Geriatric Emergencies (Chp. 36) LUNCH LAB – Patient Assessment and Childbirth Medical, Legal and Ethical Issues (Chp. 4)	Stinson Stinson Grove Staff Sturm
Wednesday February 27 0800-0900 0900-1100 1100-1200	Quiz on Chapters 35, 36 and 40 Chest and Abdomen Trauma (Chp. 29) Hazardous Materials, Multi-Casualty Incident, and Incident Management (Chp. 39)	Andrus Dunnavant Stinson/ Rhee-Pizano

Wednesday			
February 27 (C 1200-1300	LUNCH		
1300-1400	Scenarios – HazMat and Triage	Stinson/ Rhee-Pizano	
1400-1700	EMS Response to Terrorism (Chp. 41)	Andrus/Wright	
Thursday February 28			
0800-0900 0900-1100 1100-1200 1200-1300	Quiz on Chapters 29, 39 and 41 Emergencies for Patients with Special Challenges EMS Operations (Chp. 38) LUNCH	Silvestri Matin Andrus	
1300-1500 1500-1700	EMS Operations The Well Being of the EMT (Chp. 2)  Take Home Quiz on Chapters 2 and 38	Andrus Rhee-Pizano	
Friday			
March 1 0800-1000 1000-1200 1200-1300	Mid-Term # 2  LAB – Patient Assessment and Childbirth  LUNCH	Stinson Staff	
1300-1500 1300-1500 1500-1700	LAB – Patient Assessment and Childbirth Comprehensive Exam Review	Staff Staff	
Saturday			
March 2 0800-1100 1100-1200	DPR – EMT Written Final Exam Skills Verifications Patient Assessment/Management – Trauma Patient Assessment/Management – Medical Normal Childbirth	Silvestri Staff	
1200-1300 1300-1600 1600-1700	LUNCH  Skills Verifications – continued  Evaluations/National Registry/Closing	Staff Staff	

PROGRAM OUTLINE	HOURS
PROGRAM ORIENTATION	.2
TOPICS	.74
Lifting and Moving Patients	
Hospital Orientation	
Introduction to Emergency Medical Care	<u>.</u>
Highway Safety and Vehicle Extrication	<u>.</u>
Medical Terminology, Anatomy and Physiology	<u>.</u>
Principles of Pathophysiology	
Life Span Development	
Airway Management	<u>.</u>
Respiration and Artificial Ventilation	
Scene Size-Up	<u>.</u>
The Primary Assessment	<u>.</u>
Vital Signs and Monitoring Devices	•
Assessment of the Trauma Patient	•
Assessment of the Medical Patient	
Reassessment, Critical Thinking and Decision Making	
Cardiac Emergencies	
Behavioral and Psychiatric Emergencies and Suicide	<u>.</u>
Respiratory Emergencies	•
General Pharmacology	•
Trauma to the Head, Neck and Spine	<u>.</u>
Communications and Documentation	<u>.</u>
Allergic Reaction	•
Musculoskeletal Trauma	
Pediatric Emergencies	•
Geriatric Emergencies	
Medical, Legal and Ethical Issues	
Chest and Abdomen Trauma	
Hazardous Materials, Multi-Casualty Incident, and Incident Management	•
EMS Response to Terrorism	
Emergencies for Patients with Special Challenges	•
EMS Operations	
The Well Being of the EMT	•
SKILLS LABS	.29
SCENARIOS	.4
DIDACTIC REVIEW	.3

PROGRAM OUTLINE (Continued)	HOURS
SKILLS VERIFICATIONS	10
QUIZES, MID-TERMS and FINAL	21
CLINICAL HOURS	10
EVALUATIONS	1
TOTAL PROGRAM HOURS	154

### **PROGRAM ORIENTATION**

<u>Purpose</u>: The program content and logistics of the Training Center will be reviewed.

Learning Objectives: By the close of the session the participant will

- 1. Review program content, procedure, grading and evaluation process.
- 2. Adhere to all Training Center guidelines.

### PERFORMANCE OBJECTIVES

<u>Purpose</u>: The participant will demonstrate the knowledge and skills required of an Emergency Medical Technician as Per Title 22, Division 9, Chapter 2, California Code of Regulations in the following subject areas. The program Content shall meet the United State Department of Transportation's EMT-Basic National Standard Curriculum, DOT HS 808 149, August 1994.

espiration

### SUMMARY

<u>Purpose</u>: To summarize and evaluate the program.

- 1. Review the program.
- 2. Complete the program evaluation.
- 3. Have the opportunity to provide verbal feedback for future programs

### PROGRAM PASSING CRITERIA

The student must actively participate in classroom lecture and skills. DPR written exams passing criteria is 80%. The required skills verifications must meet National Registry of EMT Standards and State of California Title 22 guidelines. In order to be certified in the State of California, after successfully completing the DPR-EMT program, the student must successfully pass the Nationals Registry EMT Exam and the required DOJ and FBI live scans.



See back of form for instructions for completion				
1a. Name as shown on EMT-I Certificate	1b. Certificate Number			
1c. Certifying Authority				
CALIFORNIA STATE PARKS – EMT CERTI	FYING AUTHORITY # 94 - 0006			
Skill	Verification of Cor	npetency		
1. Patient examination, trauma patient;	Affiliation CALIFORNIA STATE PARKS	Date		
SUCKING CHEST WOUND				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
2. Patient examination, medical patient	Affiliation CALIFORNIA STATE PARKS	Date		
CHEST PAIN				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
3. Airway emergencies	Affiliation CALIFORNIA STATE PARKS	Date		
CARDIAC MANAGEMENT				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
4. Breathing emergencies	Affiliation CALIFORNIA STATE PARKS	Date		
CARDIAC MANAGEMENT				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
5. AED and CPR	Affiliation CALIFORNIA STATE PARKS	Date		
CARDIAC MANAGEMENT				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
6. Circulation emergencies	Affiliation CALIFORNIA STATE PARKS	Date		
CARDIAC MANAGEMENT				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
7. Neurological emergencies	Affiliation CALIFORNIA STATE PARKS	Date		
SUPINE C-SPINE				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
8. Soft tissue injury	Affiliation CALIFORNIA STATE PARKS	Date		
LIFE-THREATENING ARTERIAL BLEED				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
9. Musculoskeletal injury	Affiliation CALIFORNIA STATE PARKS	Date		
MID-SHAFT FEMUR FX - TRACTION				
Signature of Person Verifying Competency	Print Name	Certification / License Number		
10. Obstetrical emergencies	Affiliation CALIFORNIA STATE PARKS	Date		
NORMAL CHILDBIRTH				
Signature of Person Verifying Competency	Print Name	Certification / License Number		



## National Registry of Emergency Medical Technicians\* Emergency Medical Responder Psychomotor Examination

### BVM VENTILATION OF AN APNEIC ADULT PATIENT

Candidate:	Examiner:		
Date:	Signature:		
Actual Time Started:		Possible Points	Points Awarded
	ate body substance isolation precautions	1	
Checks responsiveness	NOTE: After checking responsiveness and breathing for at least 5 but no	1	-
Checks breathing	more than 10 seconds, examiner informs the candidate, "The patient is unresponsive and apneic."	1	
Requests additional EMS ass		1	-
Checks pulse for at least 5 bu		1	-
	at now inform the candidate, "You palpate a weak carotid pulse at a rate of 60."		
Opens airway properly	и пом идогт ине санашине, пом разране и меак сагони рязе иги гине од во.	1	
	st now inform the candidate, "The mouth is full of secretions and vomitus."		
Prepares rigid suction cathete		1	
	vice or retrieves manual suction device	1	├──
Inserts rigid suction catheter		1	├──
Suctions the mouth and oropi	11 / 2	1	├─
	•		Ь—
	st now inform the candidate, "The mouth and oropharynx are clear."		
Opens the airway manually		1	—
Inserts oropharyngeal airway		1	Ь—
	st now inform the candidate, "No gag reflex is present and the patient accepts th	e airway adj	unct."
	ediately using a BVM device unattached to oxygen	_	l
long as first ventilation is del		1	
NOTE: The examiner mus	st now inform the candidate that ventilation is being properly performed without	difficulty.	
	but no more than 10 seconds	1	
Attaches the BVM assembly	[mask, bag, reservoir] to oxygen [15 L/minute]	1	
Ventilates the patient adequa	tely		
-Proper volume to make che		2	l
-Proper rate [10 – 12/minute	e but not to exceed 12/minute] (1 point)		
NOTE: The examiner mus	st now ask the candidate, "How would you know if you are delivering appropria	te volumes n	rith each
ventilation?"			
Actual Time Ended:	TOTAL	17	
Critical Criteria			
	ient, failure to initiate ventilations within 30 seconds or interrupts ventilations for	montor than	20
seconds at any time	em, faiture to midate veninadons within 50 seconds of interrupts venidations for	greater man	30
	ize body substance isolation precautions		
	y <b>before</b> ventilating the patient		
_	an excessive and prolonged time		
	siveness and breathing for at least 5 seconds but no more than 10 seconds		
	or at least 5 seconds but no more than 10 seconds		
	mately provide high oxygen concentration [at least 85%]		
_	patient at a rate of at least 10/minute and no more than 12/minute		
:	nate volumes per breath [maximum 2 errors/minute permissible]		
	djunct in a manner dangerous to the patient		
:	atient as a competent EMR		
	ffect with patient or other personnel		
	ous or inappropriate intervention		
You must factually documen	nt your rationale for checking any of the above critical items on this form (below	or turn she	et over).

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## National Registry of Emergency Medical Technicians\* Emergency Medical Responder Psychomotor Examination

### CARDIAC ARREST MANAGEMENT / AED

Candidate: Examiner:		
Date: Signature:		
Actual Time Started:	Possible Points	Points Awarded
Takes or verbalizes appropriate body substance isolation precautions	1	
Determines the scene/situation is safe	1	
Attempts to question bystanders about arrest events	1	
Checks patient responsiveness	1	
NOTE: The examiner must now inform the candidate, "The patient is unresponsive."		
Assesses patient for signs of breathing [observes the patient and determines the absence of breathing or abnormal breathing (gasping or agonal respirations)]	1	
NOTE: The examiner must now inform the candidate, "The patient is apneic," or, "The patient has respirations."	gasping, ago	onal
Checks carotid pulse [no more than 10 seconds]	1	
NOTE: The examiner must now inform the candidate, "The patient is pulseless."	, ,	
Immediately begins chest compressions [adequate depth and rate; allows the chest to recoil completely]	1	
Requests additional EMS response	1	
Performs 2 minutes of high quality, 1-rescuer adult CPR Adequate depth and rate (1 point) Correct compression-to-ventilation ratio (1 point)		
Allows the chest to recoil completely (1 point) Adequate volumes for each breath (1 point)	5	
Minimal interruptions of less than 10 seconds throughout (1 point)	<u> </u>	
NOTE: After 2 minutes (5 cycles), patient is assessed and second rescuer resumes compressions white AED.	le candidate	operates
Turns-on power to AED	1	
Follows prompts and correctly attaches AED to patient	1	
Stops CPR and ensures all individuals are clear of the patient during rhythm analysis	1	
Ensures that all individuals are clear of the patient and delivers shock from AED	1	
Immediately directs rescuer to resume chest compressions	1	
Actual Time Ended: TOTAL	18	
Critical Criteria		
Failure to take or verbalize appropriate body substance isolation precautions		
Failure to immediately begin chest compressions as soon as pulselessness is confirmed		
Failure to deliver shock in a timely manner		
Interrupts CPR for more than 10 seconds at any point		
Failure to demonstrate acceptable high-quality, 1-rescuer adult CPR.		
Failure to operate the AED properly		
Failure to correctly attach the AED to the patient		
Failure to assure that all individuals are clear of patient during rhythm analysis and before deliverin "All clear" and observes]	g shock(s) [v	verbalizes
Failure to immediately resume compressions after shock delivered		
Failure to manage the patient as a competent EMR		
Exhibits unacceptable affect with patient or other personnel		
Uses or orders a dangerous or inappropriate intervention		
You must factually document your rationale for checking any of the above critical items on this form (below	v or turn she	et over).

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## National Registry of Emergency Medical Technicians® Emergency Medical Responder Psychomotor Examination

### OXYGEN ADMINISTRATION BY NON-REBREATHER MASK

	:		
Date: Signature	·	Possible	Points
Actual Time Started:		Points	Awarded
Takes or verbalizes appropriate body substance isolation precaution	S	1	
Gathers appropriate equipment		1	
Cracks valve on the oxygen tank		1	
Assembles the regulator to the oxygen tank		1	
Opens the oxygen tank valve		1	
Checks oxygen tank pressure		1	
Checks for leaks		1	
Attaches non-rebreather mask to correct port of regulator		1	
Turns on oxygen flow to prefill reservoir bag		1	
Adjusts regulator to assure oxygen flow rate of at least 10 L/minute		1	
Attaches mask to patient's face and adjusts to fit snugly		1	
Actual Time Ended:	TOTAL	11	
Failure to assemble the oxygen tank and regulator without leak Failure to prefill the reservoir bag Failure to adjust the oxygen flow rate to the non-rebreather may Failure to assure a tight mask seal to patient's face Failure to manage the patient as a competent EMR Exhibits unacceptable affect with patient or other personnel Uses or orders a dangerous or inappropriate intervention  You must factually document your rationale for checking any of the above critic  Comments:	sk of at least 10 L/minute		t over).
Comments			

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### National Registry of Emergency Medical Technicians® Emergency Medical Responder Psychomotor Examination

### PATIENT ASSESSMENT/MANAGEMENT - MEDICAL

Candidate: Examiner	<u> </u>	
Date: Signature:		
Scenario #:	Possible	D-:-4-
Actual Time Started:		Awarded
Takes or verbalizes appropriate body substance isolation precautions	1	
SCENE SIZE-UP		
Determines the scene/situation is safe	1	$\overline{}$
Determines the mechanism of injury/nature of illness	i	
Requests additional help if necessary	i	-
Considers stabilization of the spine	i	
PRIMARY SURVEY/RESUSCITATION	- · · ·	
Determines responsiveness/level of consciousness (AVPU)	1	$\overline{}$
Determines chief complaint/apparent life-threats	1	
Assesses airway and breathing		
-Assessment (1 point)		
-Assures adequate ventilation (1 point)	3	ĺ
-Initiates appropriate oxygen therapy (1 point)		ĺ
Assesses circulation		
-Assesses/controls major bleeding (1 point)		ĺ
-Checks pulse (1 point)	3	ĺ
-Assesses skin [either skin color, temperature or condition] (1 point)		ĺ
Identifies patient priority and makes treatment/transport decision	1	
HISTORY TAKING		,
History of the present illness		
-Onset (1 point) -Quality (1 point) -Severity (1 point)		ĺ
-Provocation (1 point) -Radiation (1 point) -Time (1 point)	8	ĺ
-Clarifying questions of associated signs and symptoms related to OPQRST (	2 points)	İ
Past medical history	• •	
-Allergies (1 point) -Past pertinent history (1 point) -Events leading to	o present 5	ĺ
-Medications (1 point) -Last oral intake (1 point) illness (1 point)		İ
SECONDARY ASSESSMENT	<u> </u>	
Assesses affected body part/system		
-Cardiovascular -Neurological -Integumentary -Reproductive	5	ĺ
<ul> <li>-Pulmonary -Musculoskeletal -GI/GU -Psychological/Soc</li> </ul>	cial	
VITAL SIGNS		
-Pulse (1 point) -Respiratory rate and quality (1 point each)	4	
-Blood pressure (lpoint)	4	ĺ
States field impression of patient	1	
Interventions [verbalizes proper interventions/treatment]	1	
REASSESSMENT		,
Demonstrates how and when to reassess the patient to determine changes in co	endition 1	$\overline{}$
Provides accurate verbal report to arriving EMS unit	1	
	-	
Actual Time Ended:	TOTAL 40	1

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## National Registry of Emergency Medical Technicians® Emergency Medical Responder Psychomotor Examination

### PATIENT ASSESSMENT/MANAGEMENT - TRAUMA

Candidate: Examiner:		
Date: Signature: Signature:		
NOTE: Areas denoted by "±±" may be integrated within sequence of Primary Survey/Resuscitation Actual Time Started:	n Possible Points	Points Awarded
Takes or verbalizes appropriate body substance isolation precautions	1	
SCENE SIZE-UP		
Determines the scene/situation is safe		
Determines the mechanism of injury/nature of illness	i	
Requests additional EMS assistance if necessary	<del>  i  </del>	
Considers stabilization of the spine	<del>  i  </del>	
PRIMARY SURVEY/RESUSCITATION		
Determines responsiveness/level of consciousness		
Determines chief complaint/apparent life-threats	<del>i</del>	
Airway		
-Opens and assesses airway (1 point) -Inserts adjunct as indicated (1 point)	2	
Breathing		
-Assesses breathing (1 point)		
-Assures adequate ventilation (1 point)	4	
-Initiates appropriate oxygen therapy (1 point)		
<ul> <li>Manages any injury which may compromise breathing/ventilation (1 point)</li> </ul>		
Circulation		
-Checks pulse (1 point)		
-Assesses skin [either skin color, temperature or condition] (1 point)	4	
-Assesses for and controls major bleeding if present (1 point)		
<ul> <li>-Initiates shock management [positions patient properly, conserves body heat] (1 point)</li> </ul>		
Identifies patient priority and makes treatment/ transport decision (based on calculated GCS)	1	
HISTORY TAKING		
Attempts to obtain SAMPLE history	1	
SECONDARY ASSESSMENT		
Head		
-Inspects mouth**, nose** and assesses facial area (1 point)	3	
-Inspects and palpates scalp and ears (1 point)	1	
-Assesses eyes** (1 point)		
Neck**		
-Checks position of trachea (1 point)	3	
-Checks jugular veins (1 point)	-	
-Palpates cervical spine (1 point)		
Chest++ Transactic chart (1 paint)		
-Inspects chest (1 point) -Palpates chest (1 point)	3	
-Auscultates chest (1 point)		
Abdomen/pelvis**	_	
-Inspects and palpates abdomen (1 point)		
-Assesses pelvis (1 point)	3	
-Verbalizes assessment of genitalia/perineum as needed (1 point)		
Lower extremities**		
<ul> <li>-Inspects, palpates and assesses motor, sensory and distal circulatory functions (1 point/leg)</li> </ul>	2	
Upper extremities		
-inspects, palpates and assesses motor, sensory and distal circulatory functions (1 point/arm)	2	
Posterior thorax, humbar and buttocks**	_	
-Inspects and palpates posterior thorax (1 point)	2	
-Inspects and palpates lumbar and buttocks areas (1 point)		
VITAL SIGNS		
Obtains baseline vital signs [must include BP, P, R] (1 point)	1	
Manages secondary injuries and wounds appropriately	1	
REASSESMENT		
Demonstrates how and when to reassess the patient	1	
Actual Time Ended: TOTA	L 40	
	,	

Critical Criteria

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### **EMT ASSESSMENT ACRONYMS (10/2012)**

- P- persons safety/body substance isolation (B.S.I.- formerly known as personal protective equipment or P.P.E.)
- *E* environmental concerns/dangers (weather, noise, lighting, conditions, etc..)
- **N-** number of patients (who is injured vs. uninjured, who is most critical)
- M- mechanism of injury/illness (vehicle damage, height of fall, alcohol bottles, etc..)
- A- Additional resources (appropriate personnel for scene control, spinal immob., A.L.S., etc..)
- N- Need to immobilize/extricate considered (based on Mech. of injury, environment, etc...)
- A- Alert
- V- Verbal
- **P-** Painful
- **U-** Unresponsive
- X-eXsanguination
- **C**-Circulation
- A-Airway
- **B**-Breathing
- LOC- Level Of Consciousness (AVPU, if alert or verbal, check LOC by asking name, place, time and event)
- **C/C-** Chief Complaint (determine what is bothering patient or any apparent life threats)
- O- Onset (What were you doing when this pain started? Did the pain come on suddenly, or gradual?)
- **P-** Provoking (Does anything make it feel better or worse?)
- **Q-** Quality (Describe the pain- sharp? pressure? burning? numb? etc...)
- R- Radiation (Where is the pain exactly? does the pain travel anywhere else?)
- **S-** Severity (On a 1-10 scale, with a "10" being the worst pain you ever felt, and a "0" being no pain, how do you rate the pain now?)
- **7-** Time (How long ago did this pain start?)
- S- Signs/symptoms (what you can see [hand clutching chest], and what they feel [OPQRST assesses this])
- A- Allergies (to MEDICATIONS, and what the reaction is)
- **M-** Medications (any that they take- prescribed or not. Compliant?)
- P- Past pertinent medical history (asthma, diabetes, heart surgery, etc..)
- *E* Events leading to present illness (recent trauma? smoking for years?, etc..)
- P- Pulse (count pulse for 30 seconds, multiply times 2, note the rythym and quality)
- R- Respirations (count respirations for 30 seconds, multipy times 2, note the rythym, effort, and tidal volume)
- **B-** Blood pressure (by palpation and auscultation)
- D- Deformities/disabilities
- **C-** Contusions
- A- Abrasions
- P- Punctures and penetrations
- B- Burns
- T- Tenderness
- L- Lacerations
- S-Swelling
- PERRL Pupils are equal, round and reactive to light
- REx3- Re assess life theats, Retake vitals, Repeat focused assessment as needed

### **BAG-VALVE MASK VENTILATION (10/2012)**

Student : Ev	aluator :	Date :	
		Points Possible	Points Awarded
Takes Body Substance Isolation precautions	<b>;</b>	1	
Properly opens the airway		1	
Properly measures and inserts an airway adjur	nct (OPA)	1	
Select proper sized mask		1	
Connect BVM to oxygen liter flow regulator		1	
Properly pre-fill the BVM oxygen reservoir		1	
Adjust liter flow to 15 lpm or greater		1	
Create proper mask-to-face seal		1	
Adequately ventilate patient (rise and fall of	chest)	1	
	TOTAL POINTS	9	

# \_\_\_\_\_ Did not take **Body Substance Isolation** precautions \_\_\_\_\_ **Interrupted** ventilations for more than 20 seconds \_\_\_\_\_ Did not **provide high concentration of oxygen**\_\_\_\_\_ Did not provide **adequate ventilations**

\_\_\_\_\_ Did not allow for adequate exhalation

**Critical Criteria:** 

## California State Parks – Emergency Medical Technician CARDIAC ARREST MANAGEMENT / AED (10/2012)

Date: Student: Evaluator: **Points Points** Possible **Awarded** Takes appropriate body substance isolation precautions 1 Determines the scene/situation is safe 1 1 Briefly questions bystanders about arrest events 1 Checks patient for responsiveness ("Unresponsive") Requests additional EMS response 1 Checks carotid pulse 5 - 10 seconds ("No Pulse") 1 Immediately begins chest compressions 1 Performs 2 minutes of high quality CPR - Adequate depth and rate 5 - Correct compression-to-ventilation ratio - Allows chest to recoil completely - Adequate volume for each breath - Minimal interruptions of less than 10 seconds throughout 1 Directs second rescuer to take over compressions 1 First rescuer operates AED and turns on power to AED Properly prepares chest, follows prompts and properly applies AED 1 electrodes to the patient while second rescuer continues compressions Direct second rescuer to stop CPR and ensures everyone is clear of patient 1 (Visibly and verbally) during rhythm analysis Ensures that all individuals are clear of patient and delivers shock from AED 1 Immediately directs second rescuer to resume chest compressions 1 **TOTAL POINTS** 18

### **Critical Criteria:**

Failure	e to take appropriate body substance isolation precautions
	e to immediately begin chest compressions as soon as pulselessness is confirmed
Failure	e to deliver shock in a timely manner
Interru	upts CPR for more than 10 seconds
Failure	e to demonstrate acceptable high-quality CPR
Failure	e to operate the AED properly
Failure	e to correctly attach the AED properly
Failure	e to ensure that all individuals are clear of patient during rhythm analysis and before
Delive	ering shock(s) both verbally and visually
Failure	e to immediately resume compressions after shock is delivered
Uses	or orders dangerous or inappropriate intervention

### **Emergency Childbirth (10/2012)**

Candidate Name:		
Examiner Name: _	 	

	Points Possible	Points Awarded
ASSESSMENT	Pussible	Awarueu
Takes body substance isolation precautions	1	
Determines that delivery is imminent	1	
Observe for <b>crowning</b>	1	
PRE – DELIVERY		
Applies sterile gloves	1	
Drapes and establishes a sterile field	1	
DELIVERY		
Applies gentle pressure to infant's head and perineum	1	
Checks for cord around infant's neck as soon as head is delivered	1	
Suctions infant's mouth then nose	1	
Applies <b>gentle downward pressure</b> on the head to release upper shoulder	1	
Applies <b>gentle upward pressure</b> on the head to release lower shoulder	1	
Holds infant with a <b>firm but gentle grip</b> while delivering infant's body	1	
Re – suctions infant's mouth then nose	1	
Maintains infant's warmth	1	
Assesses APGAR (Appearance, Pulse, Grimace, Activity, Respiratory effort)	1	
Clamps cord: places first clamp 7 inches from infant and places the		
second clamp 10 inches from the infant. Cut between clamps.	1	
Places infant to mother's breast	1	
<b>Delivers placenta</b> . Places placenta in plastic bag and transports with	1	
patient.		
Assesses mother for above – normal vaginal bleeding	1	
Massages the fundus as necessary to reduce bleeding	1	
Treats for <b>shock</b>	1	
Verbalizes transportation of the mother and child	1	
TOTAL POINTS	21	

### **CRITITCAL CRITERIA**:

 Did not take <b>body substance isolation</b> precautions
 Did not determine if delivery was imminent
 Did not <b>check for cord</b> around the infant's neck
 Did not suction infant's mouth first or suction at all
Did not assess infant's APGAR
 Did not properly place the umbilical cord clamps
 Did not assess for profuse bleeding

## California State Parks – Emergency Medical Technician JOINT INJURY (10/2012)

Student :	Evaluator :	Date :

Date	
Points	Points
Possible	Awarded
1	
-	
1	
4	
1	
1	
4	
il i	
2	
1	
4	
i i	
9	
	Points Possible  1  1  1  1  1  1  1  9

### <u>Critical Criteria</u>:

 _ Did not take Body Substance Isolation precations
 _ Did not immediately stabilize the extremity manually
 Grossly moves the injured extremity
 _ Did not <b>immobilize</b> the bone <b>above and below</b> the injured joint
 _ Did not assess distal PMS of the injured extremity before and after splinting
Uses or orders a dangerous or inappropriate intervention

### **KENDRICK TRACTION SPLINT (10/2012)**

Student : Evaluator:	Date	:
	Points	Points
	Possible	Awarded
Takes <b>Body Substance Isolation</b> precautions	1	
	_	
Properly apply or direct manual stabilization of the injured leg	1	
Expose thigh, remove shoes and socks. Control bleeding if indicated	1	
Assess distal Pulse, Motor, Sensation (PMS) bilaterally	1	
Note : The examiner states that PMS are present and normal.		
Properly adjust and apply ankle strap	1	
Properly tighten stirrup until snug under heal	1	
Properly attach groin strap and position traction pole receptacle	1	
Properly snap out traction pole	1	
Position traction pole beside outer aspect of injured leg	1	
Adjust pole length as required with 8" extending beyond bottom of foot	1	
Insert pole end(s) into traction pole receptacle	1	
Secure elastic strap around knee	1	
Properly place Yellow tab attached to stirrup over dart end of traction pole	1	
Properly apply traction until pain is reduced	1	
Properly secure leg straps	1	
Re-assess distal PMS, verbalize securing patient to backboard	1	
Note : The examiner states that PMS are present and normal.		
TOTAL POINTS	16	
Critical Criteria:		
Loss of traction at any point after it was applied		
Did not assess PMS before and after splinting		

Loss of traction at any point after it was applied
 Did not assess PMS before and after splinting
 Did not secure the groin strap before applying traction
 Did not apply the splint correctly allowing for excessive foot rotation / extension, or poor Femur support
 Did not secure knee strap before applying mechanical traction

### **LONG BONE IMMOBILIZATION (10/2012)**

Student :	_ Evaluator :	Date : _	
		Points	Points
		Possible	Awarded
Takes appropriate body substance is	solation precautions	11	
Directs application of manual stabiliz	ation of the injury	1	
Assesses distal pulse, motor and ser	nsory functions in the injured extremity	1	
"Pulse, Motor and Sensory functions	are present and normal"		
Measures the splint		1	
Applies the splint		1	
Immobilizes the joint above the injury	<i>r</i> site	1	
, , ,			
Immobilizes the joint below the injury	site	1	
Secures the entire injured extremity		1	
Immobilizes the hand/foot in the posi	tions of function	1	
Reassesses the distal pulse, motor and	sensory functions in the injured extremity	1	
"Pulse, Motor and Sensory functions	are present and normal"		
, <b>,</b>	1		
	TOTAL	10	

### **Critical Criteria**:

 _ Did not take body substance isolation precautions
 _ Did not immediately stabilize the extremity manually
 _ Grossly moves the injured extremity
 _ Did not immobilize the joint above and below the injury site
 _ Did not immobilize the hand or foot in a position of function
 _ Did not reassess distal pulse, motor and sensory functions in the injured extremity before and after splinting

### MOUTH TO MASK WITH SUPPLEMENTAL OXYGEN (10/2012)

Student :	Evaluator :	Date	:
		Points	Points
		Possible	Awarded
Takes <b>Body Substance Isolation</b>	precautions	1	
		_	
Connects one-way valve to mask		1	
Open the Airway / Assesses breath	ning	1	
Establish and maintain a proper ma	ask to face seal	1	
Ventilates the patient properly (ade	equate rise and fall of the chest at 10 -12	1	
breaths per minute)	·		
Connect the mask to liter flow regu	lator	1	
Adiata litar flavorata ta 45 lava an ar			
Adjust liter flow rate to 15 lpm or g	reater	1	
Continue proper ventilation of the p	patient (adequate / 10-12 bpm)	1	
Note: The examiner must witne	ss ventilations for at least 30 seconds.		
	TOTAL POINTS	8	

### **Critical Criteria:**

Did not take <b>Body Substance Isolation</b> precautions
Did not adjust to 15 lpm or greater
Did not provide adequate ventilations
Did not ventilate the patient at a rate of 10 – 12 breaths per minute
Did not allow for <b>complete exhalation</b>

## California State Parks – Emergency Medical Technician OXYGEN ADMINISTRATION (10/2012)

### Evaluator :

Student :	Evaluator :	Date:	
		Points	Points
		Possible	Awarded
Takes Body Substance Isolation	precautions	1	
Attach the regulator to the tank		1	
Open the tank valve all the way		1	
Assemble properly with no leaks		1	
Attach non-rebreather mask to regu	ılator	1	
Properly pre-fill the mask reserve	oir	1	
Adjust the regulator liter flow to	15 lpm or more	1	
Carefully applies and adjusts the ma	ask to the patient's face	1	
Note: The examiner must advise tolerating the non-rebreat	e the cadet that the patient is not her mask. Change to a nasal cannula.		
Attach nasal cannula to the regulate	or	1	
Adjust the liter flow to 6 lpm or le	ess	1	
Carefully applies and adjusts the na	asal cannula to the patient's face	1	
Note: The examiner must advise therapy.	e the cadet to discontinue oxygen		
Remove the nasal cannula from the	patient	1	
Turn off the regulator liter flow		1	
Close the tank valve completely		1	
Bleed the remaining oxygen from the	ne regulator	1	
	TOTAL POINTS	15	
Did not as Did not <b>p</b> i Did not ad	ke Body Substance Isolation precautions seemble the tank and regulator without leal re-fill the reservoir bag djust the non-rebreather mask to the correct or more	ks	

Did not adjust the nasal cannula to the correct liter flow of 6 lpm or less

## EMT Patient Assessment / Management (10/2012) BSI / SCENE SIZE UP

(PENMAN)

### PRIMARY SURVEY / RESUSCITATION

**General Impression** 

AVPU / LOC

(AVPU, if alert or verbal, LOC is orientation to person, place, time and event)

Chief Complaint / Apparent Life-threats

**XCAB** 

Life-threatening Bleeding / DPR – CPR

Identifies priority treatment/transport decisions

### **HISTORY TAKING**

<u>Medical</u> = OPQRST / SAMPLE History

Trauma = SAMPLE

### **SECONDARY ASSESSMENT**

Medical = Assess affected body part system

Trauma = Head to Toe DCAP/BTLS

### **VITAL SIGNS**

Pulse and Respirations (rate, rhythm, and quality) Blood Pressure (by palpation and/or auscultation) Interventions

### <u>REASSESSMENT</u>

(Vitals, Vitals, Vitals)

## California State Parks – Emergency Medical Technician Patient Assessment / Management – Medical (10/2012)

Name : \_\_\_\_\_ Date : \_\_\_\_ Examiner : \_\_\_\_

Name : Date : Examiner : _		
	Points	Points
Actual Time Started :	Possible	Awarded
Takes appropriate body substance isolation precautions (PPE)	1	
SCENE SIZE-UP (PENMAN)		
Determines the scene/situation is safe	1	
Determines the number of patients	1	
Determines the mechanism of injury/nature of illness	1	
Requests additional help if necessary	1	
Considers stabilization of the spine	1	
PRIMARY SURVEY/RESUSCITATION		
Verbalizes general impression of the patient	1	
Determines responsiveness (AVPU) / level of consciousness (If alert, oriented x	) 1	
Determines chief complaint/apparent life-threats (eXsanguination)	1	
Assesses circulation		
- Assesses/controls major bleeding	3	
- Check pulse		
- Assesses skin (skin color, temperature or condition)		
Assesses airway and breathing		
- Assessment	3	
- Assures adequate ventilation		
- Initiates appropriate oxygen therapy		
Identifies patient priority and makes treatment/transport decision	1	
HISTORY TAKING		
History of present illness		
-OPQRST	6	
Past Medical History		
-SAMPLE	6	
SECONDARY ASSESSMENT		
Assess affected body part/system		
-Cardiovascular – Pulmonary – Neurological – Musculoskeletal	5	
- Integumentary – GI/GU – Reproductive – Psychological/Social		
VITAL SIGNS		
-Pulse (R,R,Q) - Respiratory (R,R,Q) - Blood Pressure (Palp. and Au	sc.) 3	
State field impression of patient	1	
Interventions (verbalizes proper interventions/treatment)	1	
REASSMENT		
Demonstrates how and when to reassess the patient to determine change	es 1	
in condition		
Provides accurate verbal report to arriving EMS unit	1	
Actual Time Ended : TOTA	L 40	

### California State Parks – Emergency Medical Technician Patient Assessment / Management – Trauma (10/2012)

Name: Date: Examiner:

Name : Date :		
Actual Time Started :	Points Possible	Points Awarded
Takes of verbalizes appropriate body substance isolation precautions (PP		711141404
SCENE SIZE-UP (PENMAN)	-,	
Determines the scene/situation is safe	1	
Determines the number of patients	1	
Determines the mechanism of injury/nature of illness	1	
Requests additional help if necessary	1	
Considers stabilization of the spine	1	
PRIMARY SURVEY/RESUSCITATION		
Verbalizes general impression of the patient	1	
Determines responsiveness (AVPU) / level of consciousness (If alert, orie	nted X) 1	
Determines chief complaint/apparent life-threats (eXsanguination)	, 1	
Assesses circulation		
- Assesses/controls major bleeding	4	
- Check pulse		
- Assesses skin (skin color, temperature or condition)		
- Initiates shock management		
Assesses airway and breathing		
- Opens and assesses airway		
- Inserts adjunct as indicated	6	
- Assesses breathing		
- Assures adequate ventilation		
- Initiates appropriate oxygen therapy		
- Manages any injury which may compromise breathing/ventilation		
Identifies patient priority and makes treatment/transport decision	1	
HISTORY TAKING		
Attempts to obtain SAMPLE history	1	
SECONDARY ASSESSMENT - Areas denoted by ** may be integrated v		
Sequence of Primary Survey/Resu	JSCITATION	
Head		
- Inspects mouth**, nose** and assesses facial area	3	
- Inspects and palpates scalp and ears		
- Assesses eyes** (PERRL) Neck**		
- Checks position of trachea	3	
- Checks jugular veins	3	
- Palpates cervical spine		
Chest**		
- Inspects chest	3	
- Palpates chest		
- Auscultates chest		
Abdomen/Pelvis**		
- Inspects and palpates abdomen	3	
- Assesses pelvis		
- Verbalizes assessment of genitalia/perineum as needed		
Lower Extremeties**		
- Inspects, palpates and assesses distal pulse, motor and sensory	2	
Upper Extremties**	<u> </u>	
- Inspects, palpates and assesses distal pulse, motor and sensory	2	
Posterior thorax, lumbar and buttocks**		
- Inspects and palpates posterior thorax	2	
- Inspects and palpates lumbar and buttocks areas		
VITAL SIGNS		
-Pulse (R,R,Q) - Respiratory (R,R,Q) - Blood Pressure (Palp. and Au	sc.) 3	
Manages secondary injuries and wounds appropriately	1	
REASSMENT		
Demonstrates how and when to reassess the patient to determine change	es	
in condition	1	
Actual Time Ended : TOTA	L 44	
	J.	•

## California State Parks – Emergency Medical Technician SPINAL IMMOBILIZATION – SEATED PATIENT (10/2012)

Student :	Evaluator :	Date :	
		Points	Points
		Possible	Awarded
Takes Body Subs	stance Isolation precautions	1	
Immediately appliposition	ly or direct to place/maintain the head in the neutral, in-line	1	
Directs assistant t	to maintain manual stabilization of the head	1	
Assesses Pulse,	Motor, Sensory functions of each extremity	1	
Measure and app	ly an appropriately sized cervical extrication collar	1	
Position the immo	obilization device behind the patient, Assess the back	1	
Secure the device of the spine	e to the patient's torso without compromising the integrity	1	
Evaluate torso fixa	ation and adjust properly so there is <b>no respiratory</b>	1	
Evaluate and pad	behind the patient's head as necessary	1	
Secure the patien	t's head to the device	1	
Directs moving the	patient onto the backboard without compromising the spine	1	
Properly secures	the patient to the backboard	1	
Reassesses PMS backboard	in each extremity after securing the patient to the	1	
	TOTAL POINTS	13	
Did not imited Did not property Did not	e Body Substance Isolation precautions mediately apply or direct manual stabilization of the head operly apply appropriately sized cervical collar ordered release of manual stabilization before it was maintai oved the patient causing potential spinal compromise red to the backboard before the torso t's torso moves excessively while secured to the backboard obilization allows for excessive movement ion inhibits chest rise, resulting in respiratory compromise oletion of immobilization, the head is not in a neutral, in-line po		nically

\_\_\_ Did not assess pulse, motor and sensory functions in each extremity before application of

the cervical collar and after completion of securing the patient to the backboard

## California State Parks – Emergency Medical Technician SPINAL IMMOBILIZATON – SUPINE PATIENT (10/2012)

Student : \_\_\_\_\_ Date : \_\_\_\_\_

	Points	Points
	Possible	Awarded
Takes Body Substance Isolation precautions	1	
Immediately apply or direct to place/maintain the head in the <b>neutral</b> , <b>In-line position</b>	1	
Directs assistant to maintain manual stabilization of the head	1	
Assesses distal Pulse, Motor, Sensory functions in each extremity	1	
Measure and apply an appropriately sized cervical extrication collar	1	
Position the backboard appropriately	1	
Direct assessment of the back before putting patient on backboard	1	
Direct movement of the patient onto backboard without compromising the integrity of the spine	1	
Applies padding to voids between the patient and the backboard as necessary	1	
Secures the patient's <b>torso</b> to the backboard	1	
Secures the patient's <b>head</b> to the backboard	1	
Secures the patient's <b>legs</b> to the backboard	1	
Secures the patient's arms (if necessary)	11	
Re-assess distal PMS functions in each extremity	1	
TOTAL POINTS	14	

### **Critical Criteria:**

Did	d not take Body Substance Isolation precautions
Did	d not immediately apply or direct to place the head in the neutral, in-line position
Re	eleased or ordered release of manual stabilization before it was maintained mechanically
Gr	ossly moved the patient causing potential for spinal compromise
He	ead secured to the backboard before the torso is secured
Th	e patient's torso moves excessively while secured to the backboard
He	ead immobilization allows for excessive movement
To	rso fixation inhibits chest rise, resulting in respiratory compromise
Up	oon completion of immobilization, the head is not in a neutral, in-line position
Dic	d not assess pulse, motor and sensory functions in each extremity before applying the
С	ervical collar and after completely securing the patient to the backboard

## California State Parks – Emergency Medical Technician TRACTION SPLINTS (10/2012)

Student :	Evaluator:	Date	:
		Points	Points
		Possible	Awarded
Takes Body Substance Isolation precautions			
	manual stabilization of the injured leg	1	
Expose thigh, remove sh	noes and socks. Control bleeding if indicated	1	
	otor, Sensation (PMS) bilaterally	1	
	ates that PMS are present and normal.		
HARE: Position splint p	parallel to <b>uninjured leg</b> , adjust length 6 – 8 inches d lock splint	1	
Properly adjust and appl	y ankle strap	1	
Properly support or dire	ect support of fracture site while lifting leg along with	1	
Place splint under leg, postrap	osition top against ischium, attach padded <b>groin</b>	1	
Connect ankle strap to s or pain is reduced	plint, turn knob until <b>mechanical traction</b> is equaled	1	
Secure splint straps (2 a	bove and 2 below knee)	1	
Re-assess distal PMS I	bilaterally, verbalize securing patient to backboard	1	
SAGER : Position splint	t beside <b>injured leg</b> , extend pulley past foot	1	
Position splint beside inr	ner aspect of injured leg snugly up against perineum,	1	
Properly adjust and appl weight, lock splint	y ankle strap, extend splint <b>10</b> % of patient's body	1	
Properly pad between le injured leg to the uninjure	eg and splint, secure leg straps, anatomically splint the ed leg	1	
	bilaterally, verbalize securing patient to backboard	1	
<u>Note</u> : The examiner st	ates that PMS are present and normal.		
	Sager total of 9 points	11 or 9	
Did not assess P Did not secure the	at any point after it was applied  MS before and after splinting e ischial strap before applying traction splint correctly allowing for excessive foot rotation / e	extension, o	poor

Did not apply **mechanical traction before** securing the leg to the splint with straps

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Femur support

## California State Parks – Emergency Medical Technician UPPER AIRWAY ADJUNCTS AND SUCTION (10/2012)

		•	,	
Student :	Evaluator :			Date:

OROPHARYNGEAL AIRWAY	Points Possible	Points Awarded
		711141454
Takes Body Substance Isolation precautions	1	
Measures and selects appropriately sized airway	1	
Safely inserts airway without pushing the tongue posteriorly / Assess Airway	1	
Note: The examiner must advise the cadet that the patient is gagging And becoming conscious.		
Safely and properly remove the oropharyngeal airway	1	
SUCTION		
Note: The examiner must advise the cadet to suction the patient' airway.		
Prepare the V-vac		
Measures properly for RIGID or FLEXIBLE catheter		
Safely inserts the suction tip to the proper depth without suction		
Apply suction to the oropharynx / nasopharynx while withdrawing up to 15 seconds		
NASOPHARYNGEAL AIRWAY		
Note: The examiner must advise the candidate to insert a nasopharyngeal airway.		
Measures and selects appropriately sized airway	1	
Verbalizes lubrication of the nasal airway		
Safely inserts the nasal airway with the bevel facing toward the septum / Assess Airway		
TOTAL POINTS	11	

### Critical Criteria:

Did not take Body Substance Isolation precautions
Did not obtain a <b>patent airway</b> with the oropharyngeal airway
Did not obtain a patent airway with the nasopharyngeal airway
Did not demonstrate an acceptable suction technique