

Defensive Tactics Instructor Update

February 19 to 20, 2013

Training Syllabus



William Penn Mott Jr. Training Center



Memorandum

Date: February 8, 2013

To: Supervisor

From: Department of Parks and Recreation
William Penn Mott Jr. Training Center

Subject: Employee Attendance at Formal Training

An employee from your office will soon be attending the formal training program described in the attached. Please insure that the employee is fully prepared to attend the session and that the groundwork is laid for the employee's implementation of the training upon returning to work.

You can assist with capturing the full value of the training by taking the following steps:

Prior to Training

1. Make sure that **specific** employee needs are identified and, if necessary, called immediately to the attention of the Training Coordinator.
2. Review with the employee the reason for the employee's attendance.
3. Review objectives and agenda with the employee.
4. Discuss objectives and performance expected after the training.

Immediately Following Attendance

1. Discuss what was learned and intended uses of the training.
2. Review the employee's assessment of the training program for its impact at the workplace and review the due date of the Post-Training Evaluation form.
3. Support the employee's use of the training at the work place.

Prior to Three Months Following Training

1. Employee after discussion with the supervisor login to the Employee Training Management System (ETMS) to complete the Post-Training Evaluation form.
2. Supervisor evaluates the effectiveness of the training on the employee's job performance and login to the ETMS to complete the Training Effectiveness Assessment form.

Thank you for your assistance in seeing that the full benefit of training is realized.



Joanne Danielson
Department Training Officer

Attachment

cc: Participant

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***Mission Statement
Training Section***

***The mission of the Training Section is to improve
organizational and individual performance through
consulting, collaboration, training and development.***

TRAINING SECTION STAFF

Joanne Danielson.....	Department Training Officer
Juventino Ortiz.....	Academy Coordinator
Pat Bost.....	Office Manager
Chuck Combs	Training Specialist
Sara M. Skinner.....	Training Specialist
Dave Galanti.....	Training Specialist
Karyn Lombard	Training Specialist
Dan Kraft	Cadet Training Officer
Matt Cardinet.....	Cadet Training Officer
Nicole Shannon	Cadet Training Officer
Dan Raducanu.....	Cadet Training Officer
Pamela Yaeger.....	Assistant Program Coordinator
Edith Alhambra	Assistant Program Coordinator
Ginger Henry	Program Assistant
Socorro Wallace	Program Assistant
Joanne Ciccone.....	Program Assistant
Rogers Williams.....	Program Assistant

THE MISSION

of California State Parks is to provide for the health, inspiration and education of the people of California by helping to preserve the state's extraordinary biological diversity, protecting its most valued natural and cultural resources, and creating opportunities for high quality outdoor recreation.



FORMAL TRAINING GUIDELINES

Welcome to formal training, an essential component in your career development.

Since 1969, our Department has been providing a continuously changing number of diverse training programs at its main training facility, the William Penn Mott Jr. Training Center. The Department strives to enhance your learning and job performance with formal training of the highest quality.

Our Department's dedication to training is only one aspect of its commitment to you and to the public. This commitment is costly and represents an important investment in you and your career. You and the Department realize a return on that investment by your positive participation in formal training itself and post training follow-through.

The program you will be participating in is described in this training syllabus, which outlines what you can expect from this training and what is expected of you. This syllabus details what you should do before you leave for training; what to do when you arrive; what you will be doing while in training; and, importantly, what you should be able to do when you return to your work site. Specifically:

1. **SYLLABUS:** Your copy of this syllabus is an important part of your training experience. Read it before you arrive and review it following the program along with material you received at training.
2. **PRE-TRAINING ASSIGNMENTS:** Your completion of pre-training assignments is essential to the success of your training. You are responsible for all reading assignments in preparation for classroom sessions. Time will be provided during working hours to accomplish any assignments (other than reading) which involve either individual or group efforts and resources. (Pre-training assignments are listed in the "Program Attendance Requirements" section.)
3. **TRAVEL:** Arrange your travel to and from the training through your District or Office. (No reimbursement for travel expense - including per diem costs - will be approved for travel not specifically authorized in advance by the District

Superintendent.) Individuals may claim reimbursement for incidental expenses incurred as outlined in DAM 0410.6.

4. **HOUSING: Accommodations for this program will be at the Lake Natoma Inn.** Housing will be arranged on a shared-room basis for all students whose reporting locations are more than 50 miles from the training site. Check-in is after 3:00 p.m. on Monday, February 18, 2013 and check-out is by 11 a.m. on Wednesday, February 20. Please see the Special Attendance Requirements on page 5 of this syllabus for more information regarding the housing and training locations.

Please Note: Unless you supply, in advance, verification attesting to a medical need for single housing or special accessibility we cannot guarantee anyone a single room.

5. **MEALS:** Breakfast is provided by the hotel. If you are more than 50 miles from your reporting location, you may submit a reimbursement request via CalATERS for all other meals from dinner on February 18 through lunch on the last day of training. These expenses will be paid by the training center. All other expenses should be coded to your District.
6. **COURSE LEADERS:** The formal training you will attend is developed and, for the most part, conducted by experienced State Park employees in field and staff positions. Some courses will be conducted by qualified instructors from other agencies and educational institutions. Your course leaders have proven their ability and knowledge in their profession, and provide a level of expertise difficult to match.
7. **TRAINING CENTER STAFF:** A Training Center staff member has been assigned responsibility for your training group as well as for your training program. That staff member usually serves as a Course Leader as well as a coordinator. During the program, you may be asked to assist Training Center staff in the logistics of your training program (organizing field trip transportation, supervising classroom breaks, etc.). Training Center staff will do all within their power to make your training experience pleasant and meaningful.
8. **TRAINING MATERIALS:** May be made available to you at both your unit and the training. Handout materials issued at your unit should be brought to the training for possible use. Bring your own pens and pencils.
9. **ATTENDANCE:** Regular attendance is a critical course requirement and your participation is important to the success of this training. **An absence of more than 10% of the course hours constitutes grounds for dropping a participant from the course.**
10. **POST-TRAINING ASSIGNMENTS:** Assignments may be issued in connection with formal training and are to be completed under the direction of your supervisor. See "Program Attendance Requirements" in this syllabus.

11. CELL PHONES: As a courtesy to your fellow participants and course leaders ensure that your cell phone is turned off during classes. Participants should not be receiving or making cell phone calls during class time. Please limit those calls to your breaks.

SPECIAL ATTENDANCE REQUIREMENTS

Please Note:

Defensive Tactics Instructor Update will be held at Folsom Lake SRA, Granite Bay Activity Center (see map on the last page of this syllabus).

For those more than 50 miles from their reporting location, accommodations will be available on the nights of February 18 and 19 at:

Lake Natoma Inn
702 Gold Lake Drive
Folsom, CA 95630
(916) 351-1500

A block of rooms has already been reserved for participants. **DO NOT** call the hotel for reservations. Upon your arrival, the hotel will have participant names and room assignments. **Please check in no later than 9:00 p.m. on Monday, February 18.** Carpooling to and from the hotel is strongly encouraged.

Directions from the hotel to the training site are as follows:

- Left on Leidesdorff.
- Left on Riley.
- Cross the Rainbow Bridge.
- Right on Folsom-Auburn Rd.
- Right on Douglas Blvd.
- Douglas will dead-end at the park entrance.
- Once in the gate, make a right at the second stop sign and an immediate left to reach the activity center.

PROGRAM ATTENDANCE REQUIREMENTS AND CHECKLIST

In addition to the required clothing and personal items specified elsewhere in this syllabus, participants are requested to comply with the following instructions:

1. **EXERCISES:** To prepare for defensive tactics, wrist limbering and strengthening exercises, leg strengthening exercises, and back limbering exercises are necessary. Suggestions for wrist exercises are push-ups, squeezing a tennis or handball and using a lightweight dumbbell. Conditioning through physical training such as warm-up exercises, jogging, running, bicycling, etc., is highly recommended.
2. **UNIFORMS:** Due to the nature of this program and the extensive physical training involved, uniforms will not be required. Most of the program will be conducted in a gym-type classroom facility.
3. **CLOTHING:** Clothing which allows freedom of movement such as sweat clothes or warm-up suits are necessary for this program. Tennis shoes or other rubber-soled athletic shoes and athletic socks are required. (No black soled shoes are allowed due to their scuffing potential.) Clothing items with visible areas of disrepair including snags, holes, and tears and noticeable wear such as fraying, stains, and fading shall not be worn. All clothing should be neat and clean. Shorts or tank tops are not permitted.
4. **SAFETY GEAR:** Bring your Peace Officer Protective Equipment (POPE) including baton. Weapons or ammunition of any kind are prohibited in the training area. Weapons shall be secured in your vehicle. Bring your handcuffs and handcuff key. It is advisable to bring a spare key if you have one.
5. **FORMAT:** Methods used to provide instruction will include lecture, demonstrations, practical exercises, group discussion, and participant instructional practice. This course will emphasize participant involvement and practice throughout the process.

Participants will be evaluated on a pass/fail basis.

6. **TRAVEL:** Arrange your travel through your District office.
7. **MISCELLANEOUS:**
 - A. Be sure you have read and understand the Defensive Tactics Instructor Update syllabus prior to the first scheduled session.
 - B. The basic agenda may change to reflect the advanced level of participants.
 - C. Remember to bring the following with you to training:

- Peace Officer Protective Equipment.
- Suitable gym clothes and appropriate shoes
- Pens, pencils
- DTI Instructor Manual
- Law EnFORCEment Reasonable Force Options, Sanford
- Coffee Cup

PRE-TRAINING ASSIGNMENTS

There are no pre-training assignments for this course.

POST-TRAINING ASSIGNMENT

Prior to ninety days after the completion of this program, the employee and his/her supervisor should sit down and discuss the impact and assess the effectiveness this program has had on the employee. The employee will receive an evaluation form via e-mail from Survey Monkey. Please complete this evaluation in addition to the Employee Training Management System (ETMS) Post-Training Evaluation form.

The post-training evaluation process is intended to provide a bridge between classroom instruction and the on-the-job application of training. The information obtained through this process will assist the training participant, supervisor, and Training Center in providing a return on the investment the Department has in training.

DEFENSIVE TACTICS INSTRUCTOR UPDATE – AGENDA
February 19 to 20, 2013

Monday
February 18

1400- Check-in at the Lake Natoma Inn, Folsom, CA.

Tuesday
February 19

0800-0900 Course check-in, course safety and logistics.
Discussion: Status of the Department's Defensive Tactics Program
Q & A: Participants share any field challenges.

0900-1100 Practical Exercises

Twist Lock applications including: Suspect standing, seated and prone.

Search suspect, move suspect, twist Lock with support.

Twist Lock to Rear Wrist Lock. Twist Lock Take Downs.
Dealing with resistance during Twist Lock applications.

Position of Advantage

Includes: Suspect locks arm straight, suspect locks arm to the side, pulls arm away to the rear, pulls arm away to the front, turns to punch the officer.

1100-1200 Review Cursory Search and Low Profile Handcuffing
Includes, Lower Body Search; Walk Handcuffed Prisoner with Bent Wrist Lock and Rear Wrist Lock; Remove Handcuffs.

Review Standing Search and Rear Wrist Lock Handcuffing.

1200-1300 Lunch

DEFENSIVE TACTICS INSTRUCTOR UPDATE – AGENDA
February 19 to 20, 2013

Tuesday

February 19 continued

1300-1615 Review Kneeling Search and Handcuffing.

Review Prone Handcuffing and Search
Includes: Step Over; Step Around; Quick Pick-up and Approach
From The Rear.

Review Carotid Control Hold
Includes: Application of the Carotid Control Hold and Chancery;
Handcuffing when the suspect surrenders and when the suspect
is unconscious; Leg Sweep Take Down and Hair Pull Take Down.

Also a discussion of Safety, First Aid and the 8 Steps following
application of the Carotid Control Hold.

** Reviews include common mistakes and problem solving.

1615-1700 Lecture & Discussion: Teaching Techniques and Methodology.

Wednesday

February 20

0800-1200 Practical Exercises

Review: Dealing with resistance and finding weapons during the
Cursory Search and Low Profile Handcuffing.

Review: Dealing with Resistance and finding weapons during the
Kneeling Search and Dealing with Resistance during Handcuffing in
the Kneeling Position.

Review: Dealing with Resistance and finding weapons during the
Standing Search.

Review Handgun Retention, Gun Holstered: Includes front and rear;
left, right and two-hand grasps.

1200-1300 Lunch

DEFENSIVE TACTICS INSTRUCTOR UPDATE – AGENDA
February 19 to 20, 2013

Wednesday
February 20 continued

- 1300-1500 Continue Review of Handgun Retention.
- Review Handgun Retention, Gun in Hand
Includes left, right and two-hand grasps.
- Review Long Retention.
- Review Handgun Take Away.
Includes front and rear; gun held in left and right hand.
- Review Long Gun Take Away.
Includes front and rear; left and right handed suspect.
- 1500-1630 Review Straight Baton Tactics. Includes:
- Low Defense: Against a Punch, Kick, Overhead and Swinging Attacks.
- Upper Cradle: Against a Punch, Kick, Overhead and Swinging Attacks.
- Lower Cradle: Against a Punch, Kick and Overhead Attack.
- Baton Retention: One & Two-Hand Grasp to the Tip, Two Hand Grasp to the Shaft.
- Review Straight Expandable Baton Tactics. Includes:
- Mid-Striking Position: Defense Against a Punch, Kick, Overhead Attack and Swinging Attacks.
- Low Striking Position: Distract & Strike (Two-Count Modified).
- Low Defense: Against a Punch, Kick, Overhead Attack and Swinging Attacks.
- Upper Cradle: Against a Punch, Kick, Overhead Attack and Swinging Attacks.
- Lower Cradle: Against a Punch, Kick and Overhead Attack.
Baton Retention: One & Two-Hand Grasp to the Tip, Two Hand Grasp to the Shaft.

DEFENSIVE TACTICS INSTRUCTOR UPDATE – AGENDA
February 19 to 20, 2013

Wednesday

February 20 continued

1630-1700 Final Q & A regarding the Defensive Tactics Program.
 Course evaluation.
 Course closing.

DEFENSIVE TACTICS INSTRUCTOR UPDATE

16 HOURS

Program Outline

Program Administration and Registration..... 1

Programmed Learning System for Defensive Tactics5
Introduction and Principles, Instructor Responsibilities, and Record Keeping

Arrest Control Techniques..... 13
Stance, Movement, Rolls and Recovery
Searching and Handcuffing (Cursory searches, twist lock applications, standing modified search, felony kneeling search, felony prone search, carotid restraint)
Defensive Techniques (Gun retention, weapon take-away, basic defense against a basic punch/kick)

Baton Techniques 1.5
(Grips, stance, position, draw, movements, strikes, blocks, thrusts, fall and recovery, retention of side-handle baton, tactics for multiple suspects)

Total Hours **16**

Performance Standards

Recertification as a Defensive Tactics Staff Instructor is determined by final evaluation of the participant in all areas of instruction outlined in the Defensive Tactics handbook and program syllabus. Specific performance objectives to be met are listed below. Instructor certification is achieved by obtaining a meets or exceeds standard evaluation in each performance objective tested.

Name: _____
Printed Name and Signature

Performance Standards: The participant will meet the following training objectives:

	<u>Below Standard</u>	<u>Meets or Exceeds Standard</u>
1. Achieving a minimum score of 80% on the Arrest Control Techniques written exam. Score ____	_____	_____
2. Successful completion of the arrest control technique practical exam. Participant must successfully pass or remediate all technique blocks to be successful in this course. Initial Score _____ Remediation <u>Yes/No</u> (Pass/Not Pass) Completed	_____	_____
3. Achieving a minimum score of 80% on the baton written exam. Score ____	_____	_____
4. Successful completion of the baton practical exam. Participant must successfully pass, or remediate, all technique blocks to be successful in this course. Initial Score _____ Remediation <u>Yes/No</u> (Pass/Not Pass) Completed	_____	_____
5. Actively participate in classroom and gym discussion and activities to the satisfaction of the DPR Instructor Trainers and Program Coordinator.	_____	_____

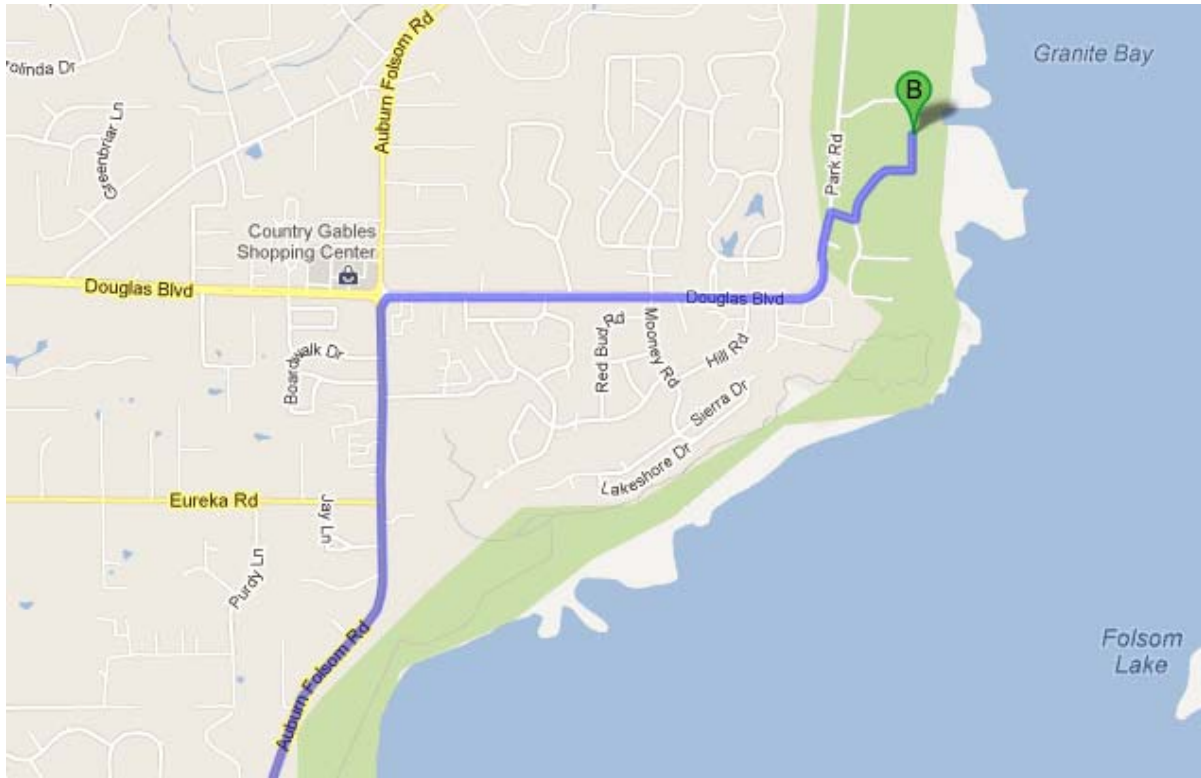
*Program Instructor Signature
 for Employee Certification*

Date

You must meet or exceed standards in all of the above Performance Standards to successfully pass this course.

MAP

- A) Lake Natoma Inn, 702 Gold Lake Drive, Folsom
- B) Folsom Lake SRA, Granite Bay Activity Center (Douglas Blvd.)



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