

Defensive Tactics Instructor Refresher

November 15-20, 2015

Training Syllabus



William Penn Mott Jr. Training Center



State of California – Natural Resources Agency

Memorandum

Date: October 28, 2015

To: Supervisor

From: Ann D. Slaughter, Acting Department Training Officer
Training Section
California State Parks

Subject: Employee Attendance at Formal Training
Defensive Tactics Instructor Refresher Group 52

An employee from your office will soon be attending the formal training program described in the attached. Please insure that the employee is fully prepared to attend the session and that the groundwork is laid for the employee's implementation of the training upon returning to work. You can assist with capturing the full value of the training by taking the following steps:

Prior to Training

1. Make sure that **specific** employee needs are identified and, if necessary, called immediately to the attention of the Training Coordinator.
2. Review with the employee the reason for the employee's attendance.
3. Review objectives and agenda with the employee.
4. Discuss objectives and performance expected after the training.

Immediately Following Attendance

1. Discuss what was learned and intended uses of the training.
2. Review the employee's assessment of the training program for its impact at the workplace.
3. Support the employee's use of the training at the work place.

Three Months Following Training

1. Supervisor evaluates the effectiveness of the training on the employee's job performance and meets with employee to discuss the evaluation.

Thank you for your assistance in seeing that the full benefit of training is realized.

Attachment
cc: Participant

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***Mission Statement
Training Section***

The mission of the Training Section is to improve organizational and individual performance and productivity through consulting, collaboration, training, and development.

TRAINING SECTION STAFF

Ann D. SlaughterActing Department Training Officer
Jack Futoran EMS and JG Training Coordinator
Dave Galanti Training Specialist
Kenney Glaspie Training Specialist
Karyn Lombard Training Specialist
Sara M. Skinner Training Specialist
Jason Smith Academy Coordinator
Matt Cardinet Cadet Training Officer
Jeremy Alling Cadet Training Officer
Lisa Anthony Program Coordinator
Edith Alhambra Assistant Program Coordinator
Pamela Yaeger Assistant Program Coordinator

THE MISSION

of the California State Parks is to provide for the health, inspiration, and education of the people of California by helping to preserve the state's extraordinary biological diversity, protecting its most valued natural and cultural resources, and creating opportunities for high quality outdoor recreation.



FORMAL TRAINING GUIDELINES

Welcome to formal training, an essential component in your career development.

Since 1969, our Department has been providing a continuously changing number of diverse training programs at its main training facility, the William Penn Mott Jr. Training Center, and other locations including Marconi Conference Center. The Department strives to enhance your learning and job performance with formal training of the highest quality.

Our Department's dedication to training is only one aspect of its commitment to you and to the public. This commitment is costly and represents an important investment in you and your career. You and the Department realize a return on that investment by your positive participation in formal training itself and post training follow-through.

The program you will be participating in is described in this training syllabus, which outlines what you can expect from this training and what is expected of you. This syllabus details what you should do before you leave for training; what to do when you arrive; what you will be doing while in training; and, importantly, what you should be able to do when you return to your work site. Specifically:

1. **SYLLABUS:** The syllabus is now accessible on the Employee Training Management System (ETMS). You should print a copy of the syllabus to bring with you to class. Your copy of this syllabus is an important part of your training experience and should be brought with you to training. Read it before you arrive and review it following the program along with material you received at training.
2. **PRE-TRAINING ASSIGNMENTS:** Your completion of pre-training assignments is essential to the success of your training. You are responsible for all reading assignments in preparation for classroom sessions. Time will be provided during working hours to accomplish any assignments which involve either individual or group efforts and resources.
3. **TRAVEL:** Arrange your travel to and from the training site through your District or Office. (No reimbursement for travel expense – including per diem costs – will be approved for travel not specifically authorized in advance by the District Superintendent). Individuals may claim reimbursement for incidental expenses

incurred as outlined in DAM 0410.6. The Mott Training Center does not have the capability to provide transportation to/from Monterey Airport.

The cost of your travel (airfare, mileage, rental car, etc.) is paid by your District or Office **to** and **from** the location of training.

4. HOUSING: You will need to make your own accommodation arrangements for this program. The Training Section has used the Best Western Seacliff Inn, 7500 Old Dominion Court, Aptos, CA 95003-3807, (831) 688-7300, in the past. Your reimbursement for Santa Cruz County is \$90.00 per night. You may submit a reimbursement request via CalATERS for your accommodations starting the night before the program to the last day of the program. You must add Ann Slaughter as a second approver.
5. **ENROLLMENT OR HOUSING CANCELLATION POLICY:** To cancel participation in a course, the participant must have their District Superintendent or Section/Office Manager send an email to the Training Specialist assigned to the course requesting to remove the participant. Lodging, registration, and associated fees will be charged to the employee's District or Section/Office if a training cancellation is received with less than two weeks' notice.
6. MEALS: You may submit a reimbursement request via CalATERS for meals from dinner on November 15 through lunch on the last day of training. These expenses will be paid by the Training Section. All other expenses should be coded to your District.
7. CLOTHING: Field uniforms as found in "Description of Required Field Uniforms", DOM Chapter 2300, Uniform Handbooks, not including optional items, will be worn daily by all uniformed employees during formal training sessions **unless otherwise specified in the Program Attendance Checklist**. Non-uniformed employees shall wear apparel normally worn on the job. Appropriate attire includes apparel suitable for professional office dress. It does not include such items as shorts, t-shirts, tank tops, or sandals.

Because we are with many other groups, and the image we project as State Park employees is important not only during working hours but off duty hours as well, your informal sportswear should be appropriate.
8. COURSE LEADERS: The formal training you will attend is developed and, for the most part, conducted by experienced State Park employees in field and staff positions. Some courses will be conducted by qualified instructors from other agencies and educational institutions. Your course leaders have proven their ability and knowledge in their profession, and provide a level of expertise difficult to match.

9. **TRAINING SECTION STAFF:** A Training Specialist and has been assigned the responsibility for your training group. That staff member usually serves as a Course Leader as well as a Coordinator. During the program, you may be asked to assist Training Section Staff in the logistics of your training program (organizing field trip transportation, supervising classroom breaks, etc.). Training Section Staff will do all within their power to make your training experience pleasant and meaningful.
10. **TRAINING MATERIALS:** May be made available to you at both your unit and the Mott Training Center. Handout materials issued at your unit should be brought to training for possible use. A conference binder or notebook will be issued to you at the training session for note taking and convenience in handling materials. Copies of DAM and DOM will be available to you for self-study. Bring your own pens and pencils.
11. **ATTENDANCE:** Regular attendance is a critical course requirement and your participation is important to the success of this training. An absence of more than 10% of the course hours constitutes grounds for dropping a participant from the course. The Department Training Officer may modify this requirement based upon participant knowledge level and/or the portion of the course missed. All absences, except those of an emergency nature, must be approved in advance by the Training Specialist.
12. **CELL PHONES:** As a courtesy to your fellow participants and course leaders ensure that your cell phone is turned off during classes. Participants should not be receiving or making cell phone calls during class time. Limit those calls to your breaks.
13. **POST-TRAINING ASSIGNMENTS:** In connection with formal training are to be completed under the direction of your supervisor.

SPECIAL ATTENDANCE REQUIREMENTS

Note: Defensive Tactics Instructor Refresher Training Group 52 will be held at the Pacific Institute of Defensive Tactics' Dojo, 4626 Soquel Drive, Soquel, CA 95073 (map on page 14 of syllabus).

Carpooling to and from the hotel is strongly encouraged.

Class will conclude at 1700 on Friday, November 20, 2015.

PROGRAM ATTENDANCE CHECKLIST

In addition to the required clothing and personal items specified elsewhere in this syllabus, participants are requested to comply with the following instructions:

1. **EXERCISES:** To prepare for defensive tactics, wrist limbering and strengthening exercises, leg strengthening exercises, and back limbering exercises are necessary. Suggestions for wrist exercises are push-ups, squeezing a tennis or handball and using a lightweight dumbbell. Conditioning through physical training such as warm-up exercises, jogging, running, bicycling, etc., is highly recommended.
2. **UNIFORMS:** Due to the nature of this program and the extensive physical training involved, uniforms will not be required. Most of the program will be conducted in a gym-type classroom facility.
3. **CLOTHING:** Clothing which allows freedom of movement such as sweat clothes or warm-up suits are necessary for this program. Tennis shoes or other rubber sole athletic shoes and athletic socks are required. (No black sole shoes are allowed due to their scuffing potential.) All clothing should be neat and clean. Shorts or tank tops are not permitted.
4. **SAFETY GEAR:** Bring your peace officer safety equipment including baton. Participants are asked not to bring weapons or ammunition of any kind into the training area. Weapons shall be secured in your vehicle. Bring your handcuffs and handcuff key. It is advisable to bring a spare key if you have one.
5. **FORMAT:** Methods used to provide instruction will include lecture, demonstrations, practical exercises, group discussion, and participant instructional practice. This course will emphasize participant involvement and practice throughout the process.

Participants will complete the Annual Qualification Sheet.

6. **TRAVEL:** Arrange your travel through your District/Office.

PROGRAM ATTENDANCE CHECKLIST

7. MISCELLANEOUS:

- A. Be sure you have read and understood the Defensive Tactics Instructor Refresher Training Program syllabus prior to the first scheduled session.
- B. The basic agenda may change to reflect the advanced level of participants.
- C. Review Law EnFORCEment, Reasonable Force Options by Rod Sanford, you will be tested on the first day of class.
- D. Bring the following with you to training:
 - Peace officer safety equipment. Secure your firearm in your vehicle prior to class. No firearms or live ammunition will be allowed in the dojo.
 - Suitable gym clothes and appropriate shoes.
 - DTI Instructor Manual and lesson plans.
 - Law EnFORCEment, Reasonable Force Options by Rod Sanford.
 - Reusable coffee cup, reusable water bottle, pens, and pencils.

PRE-TRAINING ASSIGNMENTS

The following pre-training assignments are required in preparation for the Defensive Tactics Instructor Refresher Group 52 program and specifically for the test:

Reading Assignments:

Law EnFORCEment, Reasonable Force Options by Rod Sanford:

Review written text pages 1-221; Carotid Control Hold pages 227-234; Gun Retention pages 243-244; Gun Take Away pages 267-268, Baton Tactics pages 321-333; and Breathing Exercises pages 421-424.

Instructor Handbook:

Review Instructor Record Keeping, Liability and Responsibilities.

POST-TRAINING ASSIGNMENT

Prior to ninety days after the completion of this program, the employee and his/her supervisor should discuss the impact and assess the effectiveness this program has had on the employee.

The post-training evaluation process is intended to provide a bridge between classroom instruction and the on-the-job application of training. The information obtained through this process will assist the training participant, supervisor, and Training Section in providing a return on the investment the Department has on training

DEFENSIVE TACTICS INSTRUCTOR REFRESHER GROUP 52
November 15-20, 2015

Instructors: Rod Sanford, Mike Selbo, Bill Stewart

Sunday

November 15

1500 REGISTRATION: If travel guidelines are met, check-in at selected hotel.

Monday

November 16

Methodology: Lecture

| | | |
|-----------|--|-------|
| 0800-0830 | Course Registration, Introduction, Orientation | Staff |
| 0830-0900 | Course Objectives | Staff |
| 0900-1030 | Written Test | All |

Methodology: Practical and Problem Solving Exercises

| | | |
|-----------|---|-------|
| 1030-1200 | Stance, Footwork, and Movement Roll, Recovery, and Ground Defense Twist Lock Applications | Staff |
|-----------|---|-------|

| | | |
|-----------|--|--|
| 1200-1300 | Lunch (Option – Class May Vote to take a 30-Minute Lunch and End Class 30-Minutes Earlier) | |
|-----------|--|--|

| | | |
|-----------|---|-------|
| 1300-1400 | Stance, Footwork, and Movement Roll, Recovery, and Ground Defense Twist Lock Applications | Staff |
|-----------|---|-------|

| | | |
|-----------|---|-------|
| 1400-1600 | Dealing with Resistance from Position of Advantage Methodology: Lecture/Discussion/Practical Role-Playing | Staff |
|-----------|---|-------|

| | | |
|-----------|--|-------|
| 1600-1700 | Tactical Communications Review Person-to-Person Contact and Tactical Communications Cursory Search and Review with Tactical Communications | Staff |
|-----------|--|-------|

Tuesday

November 17

Methodology: Discussion

| | | |
|-----------|---------------------------------|-------|
| 0800-0900 | Correct and Review Written Test | Staff |
|-----------|---------------------------------|-------|

Methodology: Practical and Problem Solving

| | | |
|-----------|---|-------|
| 0900-1000 | Cursory Search Low Profile Handcuffing, Standing Lower Body Search Controlling Handcuffed Prisoners, Removing Handcuffs | Staff |
|-----------|---|-------|

| | | |
|-----------|--|-------|
| 1000-1100 | Standing Search and Rear Wrist Lock Handcuffing Loading and Unloading Handcuffed Prisoner | Staff |
|-----------|--|-------|

| | | |
|-----------|---------------------------------|-------|
| 1100-1130 | Kneeling Search and Handcuffing | Staff |
|-----------|---------------------------------|-------|

| | | |
|-----------|--------------------------|-------|
| 1130-1200 | Prone Handcuffing Search | Staff |
|-----------|--------------------------|-------|

| | | |
|-----------|--|--|
| 1200-1300 | Lunch (Option – Class May Vote to take a 30-Minute Lunch and End Class 30-Minutes Earlier) | |
|-----------|--|--|

DEFENSIVE TACTICS INSTRUCTOR REFRESHER GROUP 52
November 15-20, 2015

Instructors: Rod Sanford, Mike Selbo, Bill Stewart

Tuesday
November 17

| | | |
|-----------|--|-------|
| 1300-1400 | Prone Handcuffing and Search Options for Prone Handcuffing | Staff |
| 1400-1500 | Cartoid Control Hold with Take Downs and Handcuffing | Staff |
| 1500-1530 | Escape from the Cartoid Control Hold Methodology: Lecture and Discussion | Staff |
| 1530-1700 | Instructional Techniques and Methods Coaching Techniques | Staff |

Wednesday
November 18 **Methodology: Practical and Problem Solving Exercises**

| | | |
|-----------|---|-------|
| 0800-1000 | Gun Retention Handgun Retention: Gun Holstered Handgun Retention: Gun in Hand Handgun Retention: On the Ground Long Gun Retention | Staff |
| 1000-1100 | Gun Take Away Handgun and Long Gun | Staff |
| 1100-1200 | Gun Take Away Handgun and Long Gun | Staff |
| 1200-1300 | Lunch (Option – Class May Vote to take a 30-Minute Lunch and End Class 30-Minutes Earlier) | |
| 1300-1500 | Dealing with Resistance During the Search Finding Weapons During the Search Dealing with Resistance During Handcuffing | Staff |
| 1500-1600 | Defense Against Frontal Attacks Round-House Punch, Straight Punch, Kick | Staff |
| 1600-1700 | Defense Against Frontal Attacks Reversing Techniques | Staff |

Thursday
November 19 **Methodology: Practical and Problem Solving Exercises**

| | | |
|-----------|--|-------|
| 0800-0930 | Baton Tactics Review Straight and Side-Handle Baton Methodology: Lecture/Discussion | Staff |
| 0930-1030 | Problem Solving/Corrections Team Teachings | Staff |
| 1030-1100 | Baton Tactics Review Straight and Side-Handle Baton | Staff |

DEFENSIVE TACTICS INSTRUCTOR REFRESHER GROUP 52
November 15-20, 2015

Instructors: Rod Sanford, Mike Selbo, Bill Stewart

Thursday
November 19

| | | |
|-----------|--|-------|
| 1100-1200 | Baton Tactics Review Expandable Straight Baton | Staff |
| 1200-1300 | Lunch (Option – Class May Vote to take a 30-Minute Lunch and End Class 30-Minutes Earlier) | |
| 1300-1400 | Continue with Baton Tactics Review Expandable Straight Baton | Staff |
| 1400-1430 | Baton Tactics Review Riot Baton | Staff |
| 1430-1530 | Baton Tactics Review Riot Baton | Staff |
| 1530-1700 | Questions and Answer Defensive Tactics Training in the Field Scenario and Realistic Training | Staff |

Friday

November 20

| | | |
|-----------|---|----------------|
| | Methodology: Practical | |
| 0800-0930 | Use of Protective Suits | Staff |
| | Methodology: Practical Testing | |
| 0930-1130 | Physical Performance Testing | Staff |
| | Methodology: Discussion | |
| 1130-1200 | Introduction to Ground Control Techniques | Staff |
| 1200-1300 | Lunch | |
| 1300-1630 | Demonstrations of Ground Control Techniques | Staff |
| 1630-1700 | Course Evaluation by Students Course Summary and Closing | All Sanford |

DEFENSIVE TACTICS INSTRUCTOR REFRESHER

PROGRAM OUTLINE

HOURS

| | |
|---|-----------|
| <u>Program Administration and Registration</u> | 1 |
| <u>Programmed Learning System for Defensive Tactics</u> | 3 |
| Introduction and Principles, Instructor Responsibilities, and Record Keeping POST Perishable Skills Program | |
| <u>Arrest Control Techniques</u> | 26 |
| Stance, Movement, Rolls, and Recovery Searching and Handcuffing (Cursory Searches, Twist Lock Applications Standing Modified Search, Felony Kneeling Search, Felony Prone Search Cartoid Restraint) Defensive Techniques (Gun Retention, Weapon Take-Away, Basic Defense Against a Basic Punch/Kick) | |
| <u>Side-Handled Baton and Collapsible Baton</u> | 2 |
| (Grips, Stance, Position, Draw, Movements, Strikes, Blocks, Thrusts, Fall and Recovery, Retention of Side-Handle Baton, Tactics for Multiple Suspects) | |
| <u>Instructor Diagnostics Skills</u> | 4 |
| Problem Correction Exercises-Arrest Control Problem Correction Exercises-Side Handle Baton | |
| <u>Introduction Ground Control Techniques and Demonstrations</u> | 4 |
| TOTAL HOURS | 40 |

PERFORMANCE STANDARDS

Recertification as a Defensive Tactics Staff Instructor is determined by final evaluation of the participant in all areas of instruction outlined in the Defensive Tactics handbook and program syllabus. Specific performance objectives to be met are listed below. Instructor certification is achieved by obtaining a meets or exceeds standard evaluation in each performance objective tested.

Name: _____

Print Name and Signature

Performance Standards: The participant will meet the following training objectives:

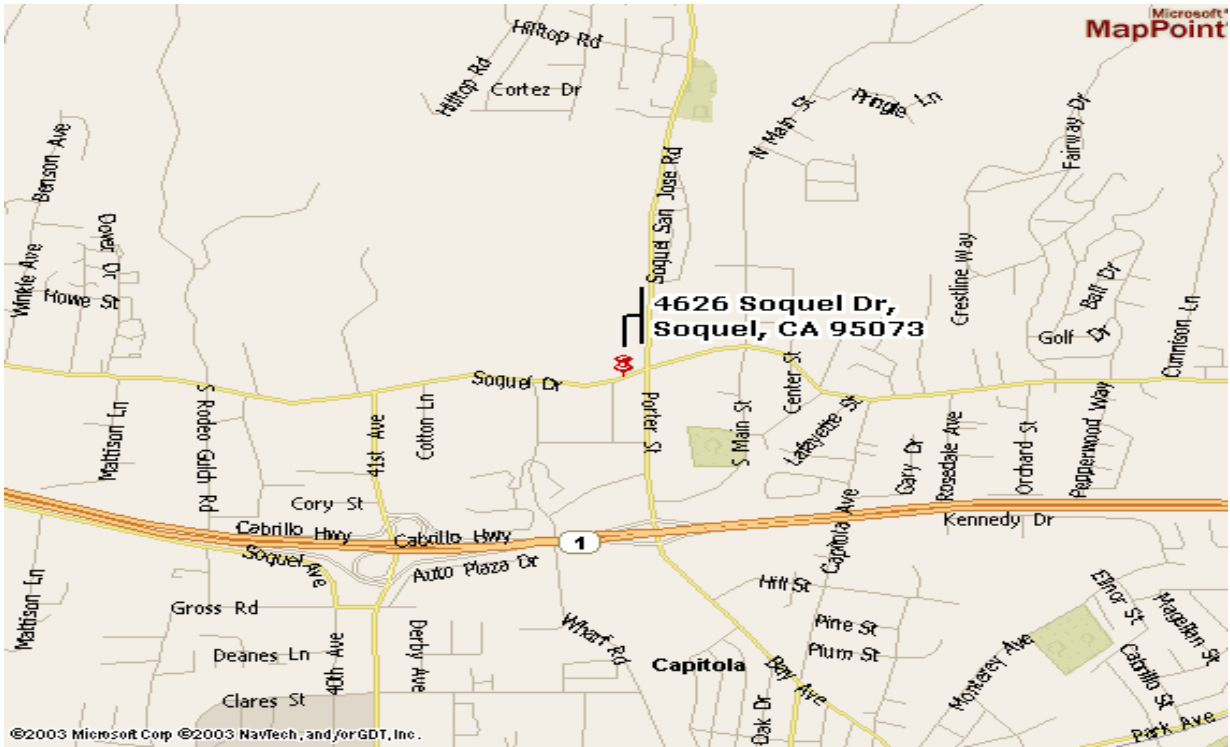
| | Below Standard | Meets or Exceeds Standard |
|--|-------------------|---------------------------------|
| 1. Achieving a minimum score of 80% on the Arrest Control Techniques written exam. Score ____ | _____ | _____ |
| 2. Successful completion of the arrest control technique practical exam. Participant must successfully pass or remediate all technique blocks to be successful in this course. | _____ | _____ |
| Initial Score _____ Remediation <u>Yes/No</u> (Pass/Fail) Completed | | |
| 3. Achieving a minimum score of 80% on the baton written exam. Score ____ | _____ | _____ |
| 4. Successful completion of the baton practical exam. Participant must successfully pass, or remediate, all technique blocks to be successful in this course. | _____ | _____ |
| Initial Score _____ Remediation <u>Yes/No</u> (Pass/Fail) Completed | | |
| 5. Actively participate in classroom and gym discussion and activities to the satisfaction of the DPR Instructor Trainers and Program Coordinator. | _____ | _____ |

*Program Instructor Signature
for Employee Certification*

Date

You must meet or exceed standards in all of the above Performance Standards to successfully pass this course.

Pacific Institute of Defensive Tactics
4626 Soquel Drive, Soquel, CA (831) 475-9676



Best Western Seacliff Inn
7500 Old Dominion Court, Aptos, CA (831) 688-7300

