

# The California Children's Outdoor Bill of Rights

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[www.calroundtable.org](http://www.calroundtable.org)

The California Roundtable on Recreation, Parks and Tourism was founded in 1998 to encourage cooperation between public and private entities involved and interested in outdoor recreation, public lands and tourism in California.

The Roundtable's membership includes recreation, parks and tourism leaders from local, state and federal governmental organizations, private enterprises, user groups, environmental groups, educational institutions and the public.

The Roundtable is affiliated with the nonprofit California State Parks Foundation.

### **Goals**

- To promote and coordinate cooperative efforts between members
- To increase understanding of and support for outdoor recreation
- To address issues of importance to the future of outdoor recreation
- To seek innovative and lasting sources of funding for operations, maintenance, capital outlay and acquisitions

WHAT'S  
MISSING  
FROM THIS  
PARK?

KIDS!



# Then



# Now





# Why a disconnect from nature?

- Immersed in technology
- Time too structured
- Lack of access to natural areas



# ■ Parental fear



# Consequences

- Poor health –  
Childhood obesity  
and Type 2  
Diabetes
- Lack of connection  
and understanding  
of natural world
- Increased  
psychological stress



# Physical well-being- HEALTH!





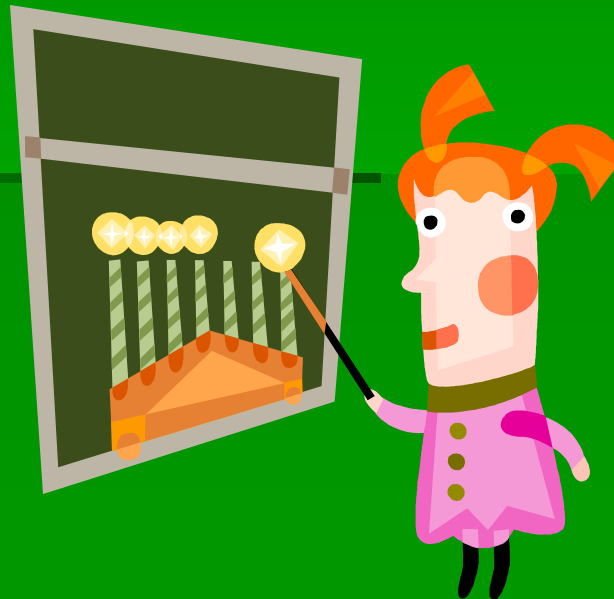
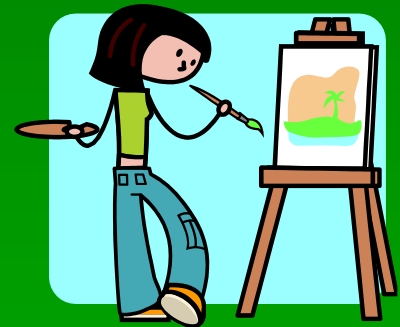
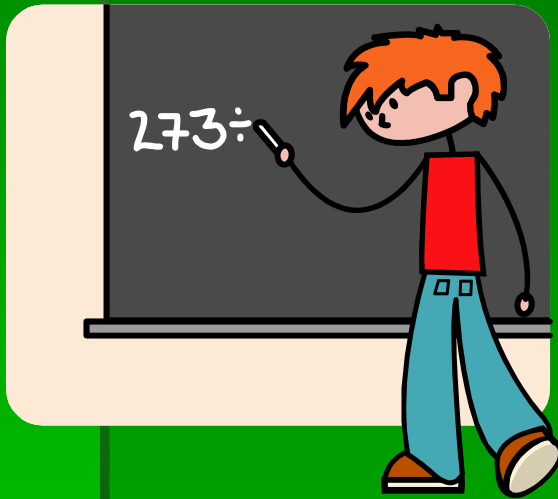
# A more well-balanced & less stressed child



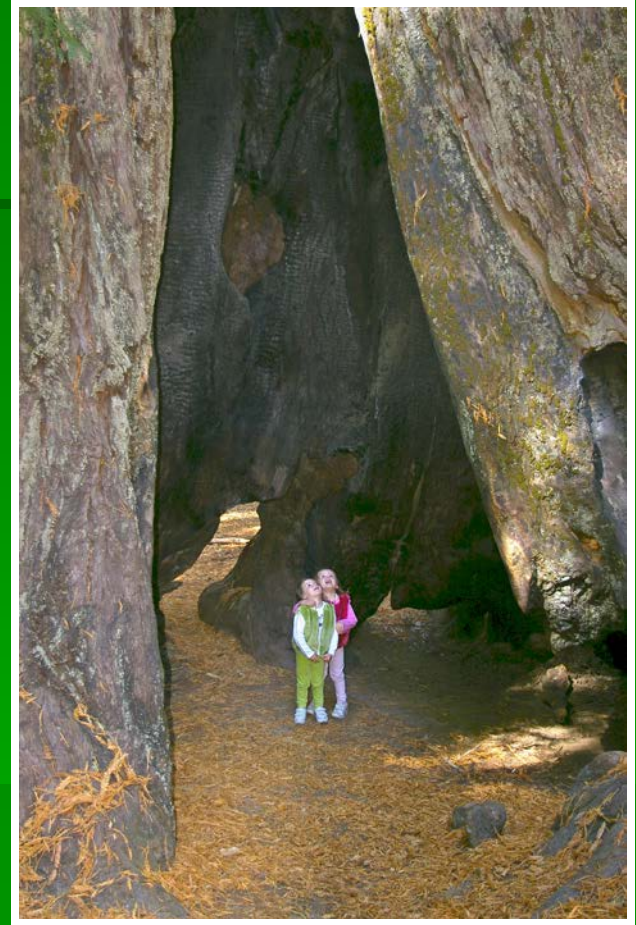
# The development of intra- and interpersonal skills



# Increased cognitive functioning



**An increased sense  
of connection to the  
natural world ....**





# Stewardship !

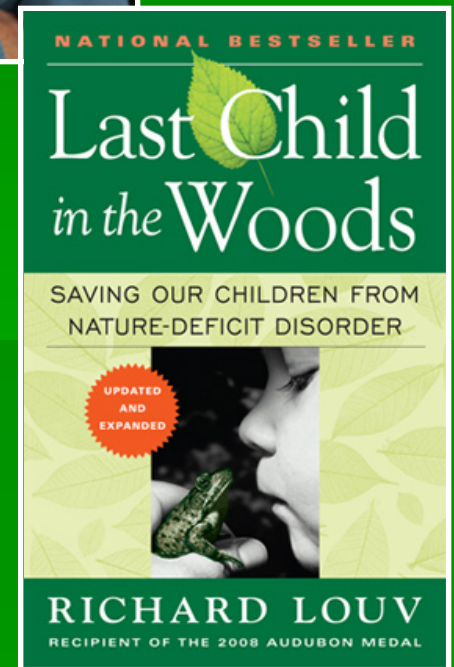


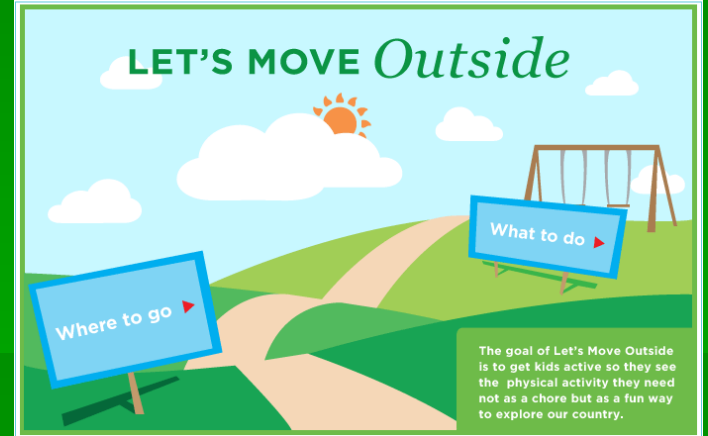
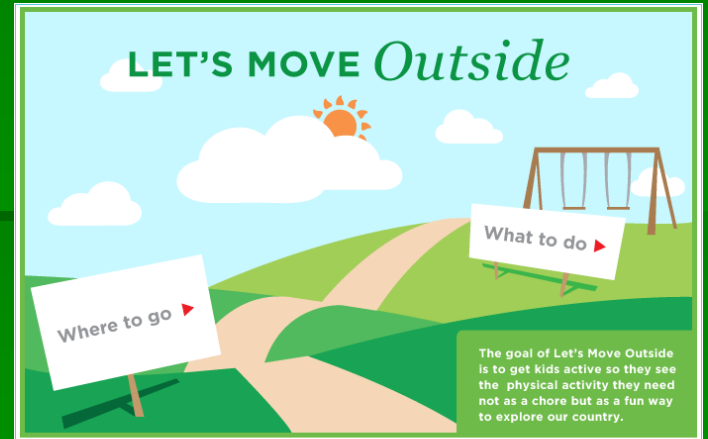


# California Children's Outdoor Bill of Rights



“healing the broken bond between our young and nature is in our self-interest...”











**GREEN HOUR<sup>®</sup>**

*Discover the Wonder of Nature...*



# What? Every Kid's Life List

*To Encourage Kids  
To Go Outdoors....*

-  **Make It Memorable**
-  **Make It Fun**
-  **Involve the Family**
-  **Involve All  
Recreation Providers**

**Make it Adaptable**





California  
Children's



Outdoor  
Bill of Rights<sup>TM</sup>

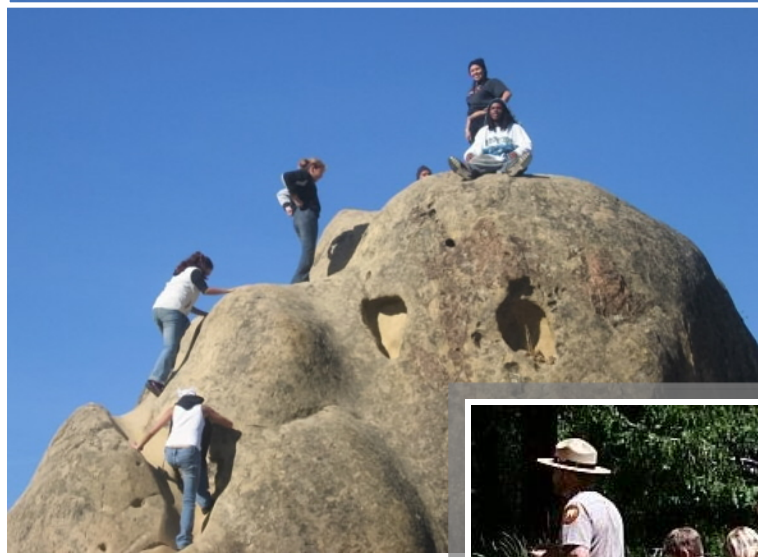
## **Mission:**

To  
Encourage California's  
Children to Participate in  
Outdoor Recreation Activities and  
Discover Their Heritage

## **Objective:**

That every child in California, by the completion of their 14th year, have the opportunity to experience each of the activities listed within the California Children's Outdoor Bill of Rights.

# Play In A Safe Place



# Explore Nature





# Learn To Swim



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# Go Fishing





# Follow A Trail



# Camp Under The Stars





# Ride a Bike



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# Go Boating





# Connect With The Past





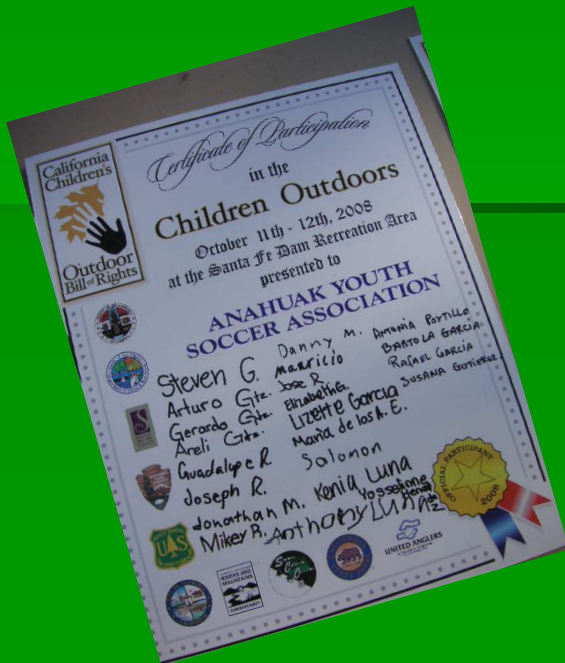
# Plant a Seed



# Event in Los Angeles



# COBR in Action.....









# Partnerships in Action...



# A Great Resource for YOU





# Promote Your Programs



**Facilitate collaborations among private, public, and non-profit sectors committed to the children-in-nature cause**





# COBR Implementation

- Develop regional web-based directory of opportunities
- Gain private industry support – retailer incentives
- Identify one community group/agency responsible for each activity
- Designate one weekend per month for each activity or all 10 in one weekend
- Community/staff sessions brainstorm achievement of each activity
- Family events, library distribution, free fishing day, community campout...

# Potential Partnerships

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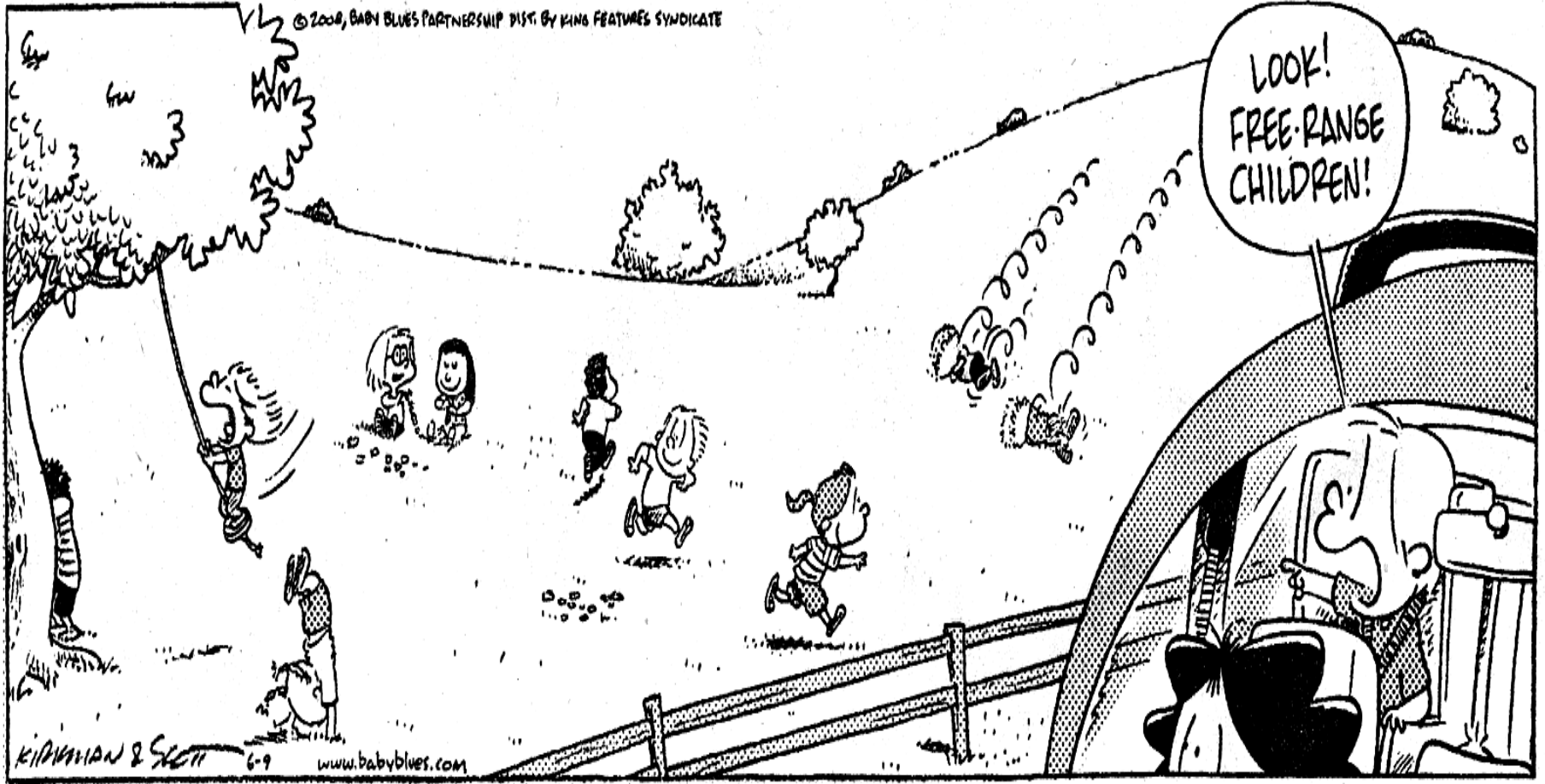
- Public health department
- Private health providers
- Retailers
- Grocery stores
- Foster grandparents
- Conservation corps
- Community service – high schools

For More Information:

[www.calroundtable.org](http://www.calroundtable.org)

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