

The California Children's Outdoor Bill of Rights

California Parks Conference –2012

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Roundtable on
Recreation, Parks and
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Who We Are

The California Roundtable on Recreation, Parks and Tourism was founded in 1998 to encourage cooperation between public and private entities involved and interested in outdoor recreation, public lands and tourism in California.

The Roundtable's membership includes recreation, parks and tourism leaders from local, state and federal governmental organizations, private enterprises, user groups, environmental groups, educational institutions and the public.

[Membership](#)
[Roundtable Members](#)

Contact

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Topics-

- **Why is this topic important**
- **National Movements**
- **The California Children's Outdoor Bill of Rights**
- **How you can use this within your organization**



Then



Now



Why a disconnect from nature?

- Immersed in technology
- Time too structured
- Lack of access to natural areas
- Criminalization of play



▪ Parental fear



Consequences

- Poor health –
Childhood obesity
and Type 2
Diabetes
- Lack of connection
and understanding
of natural world
- Increased
psychological stress



Physical well-being- HEALTH!



A more well-balanced & less stressed child



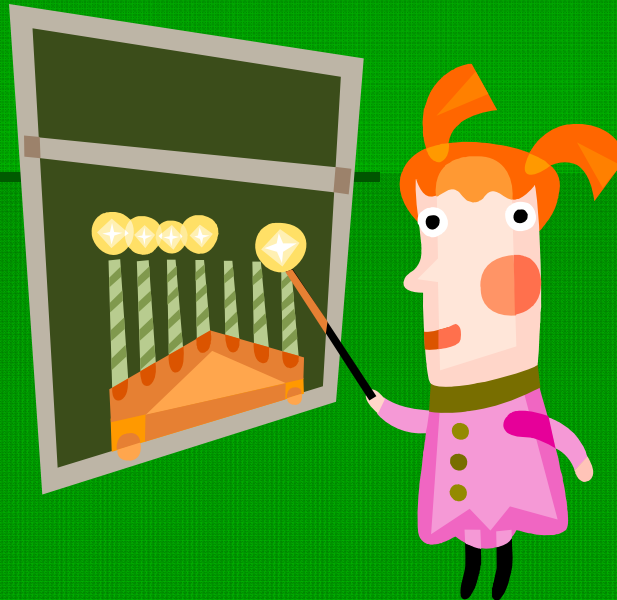
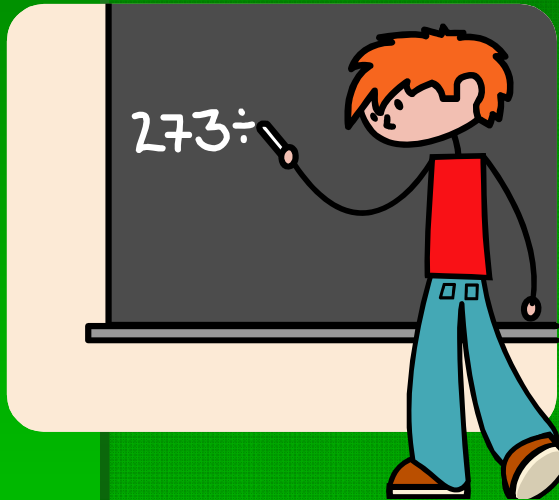
Unstructured Play ?



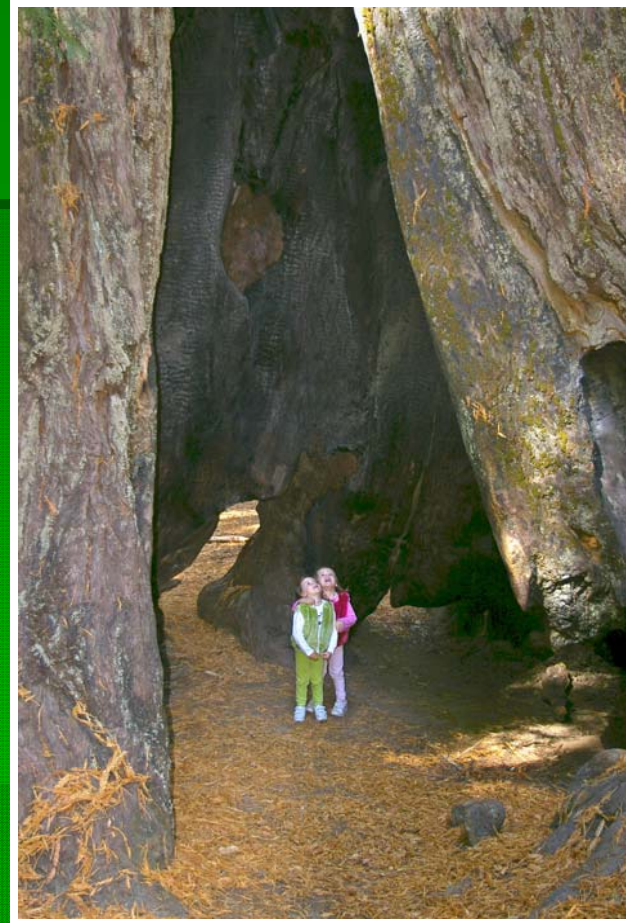
The development of intra- and interpersonal skills



Increased cognitive functioning



**An increased sense
of connection to the
natural world**



Stewardship !



WHAT'S MISSING FROM THIS PARK?

KIDS!



California Children's Outdoor Bill of Rights



California
Children's



OutdoorTM
Bill of Rights

Mission:




To
Encourage California's
Children to Participate in
Outdoor Recreation Activities and
Discover Their Heritage

Objective:

That every child in California, by the completion of their 14th year, have the opportunity to experience each of the activities listed within the California Children's Outdoor Bill of Rights.

Every Kid's Life List

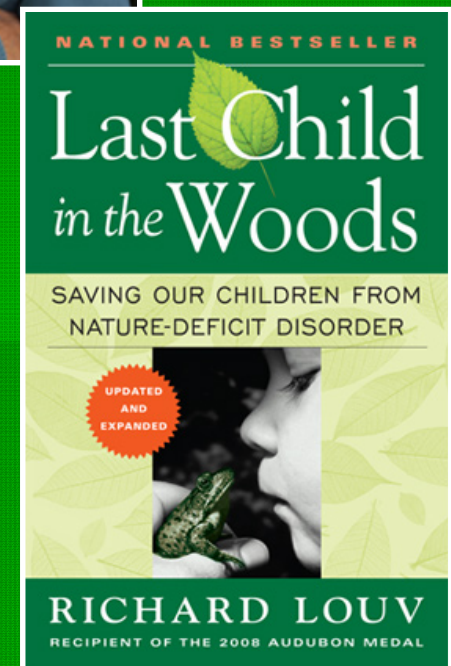
*To Encourage Kids
To Go Outdoors....*

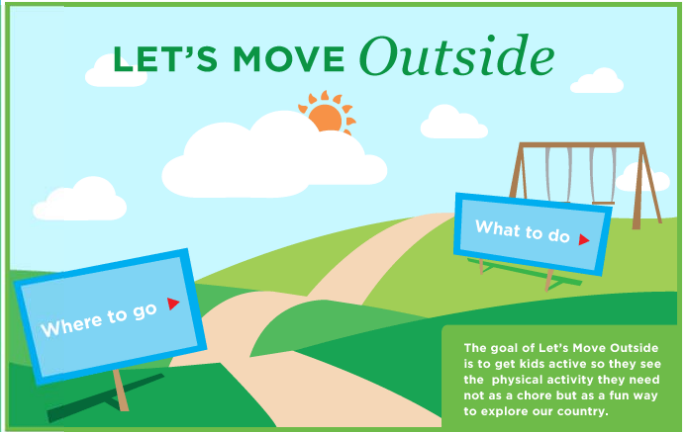
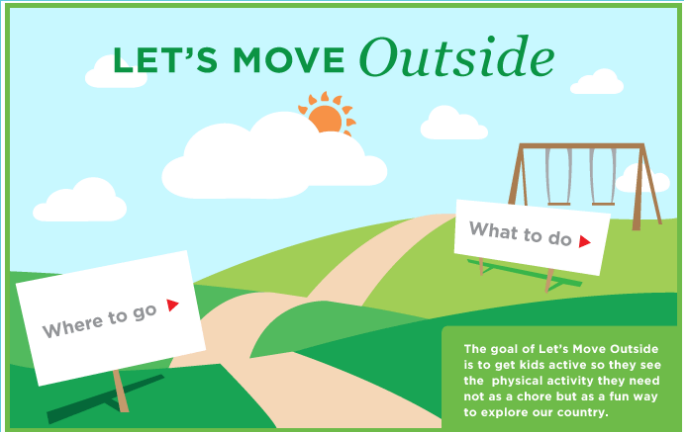
-  **Make It Memorable**
-  **Make It Fun**
-  **Involve the Family/Community**
-  **Involve All
Recreation Providers**

Make it Adaptable



“healing the broken bond between our young and nature is in our self-interest...”





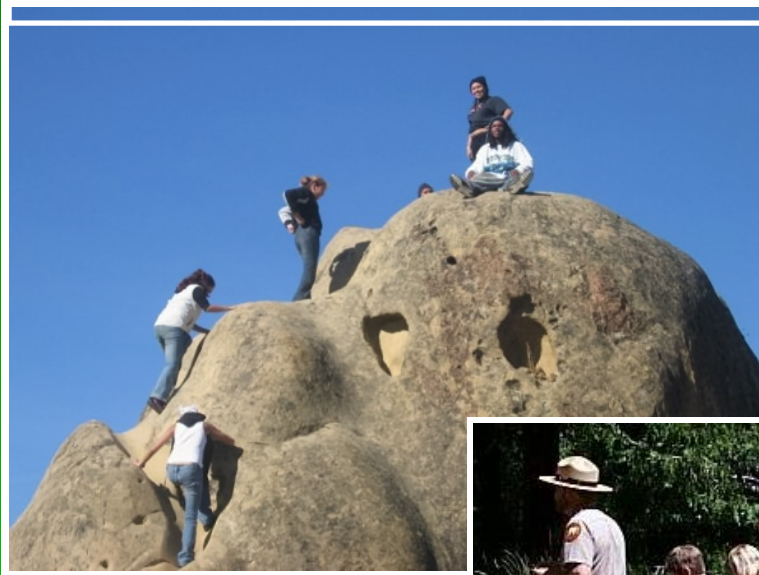


GREEN HOUR[®]

Discover the Wonder of Nature...



Play In A Safe Place



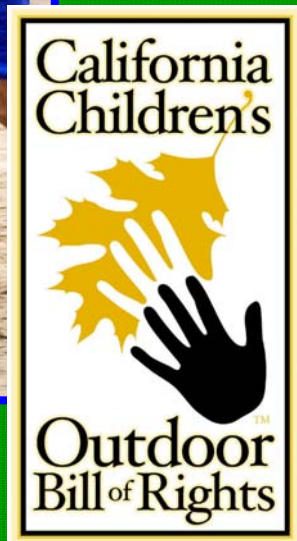
Explore Nature



California
Children's

Outdoor
Bill of Rights

Learn To Swim



Go Fishing



Follow A Trail



Camp Under The Stars



California
Children's



Outdoor
Bill of Rights



Ride a Bike



Go Boating



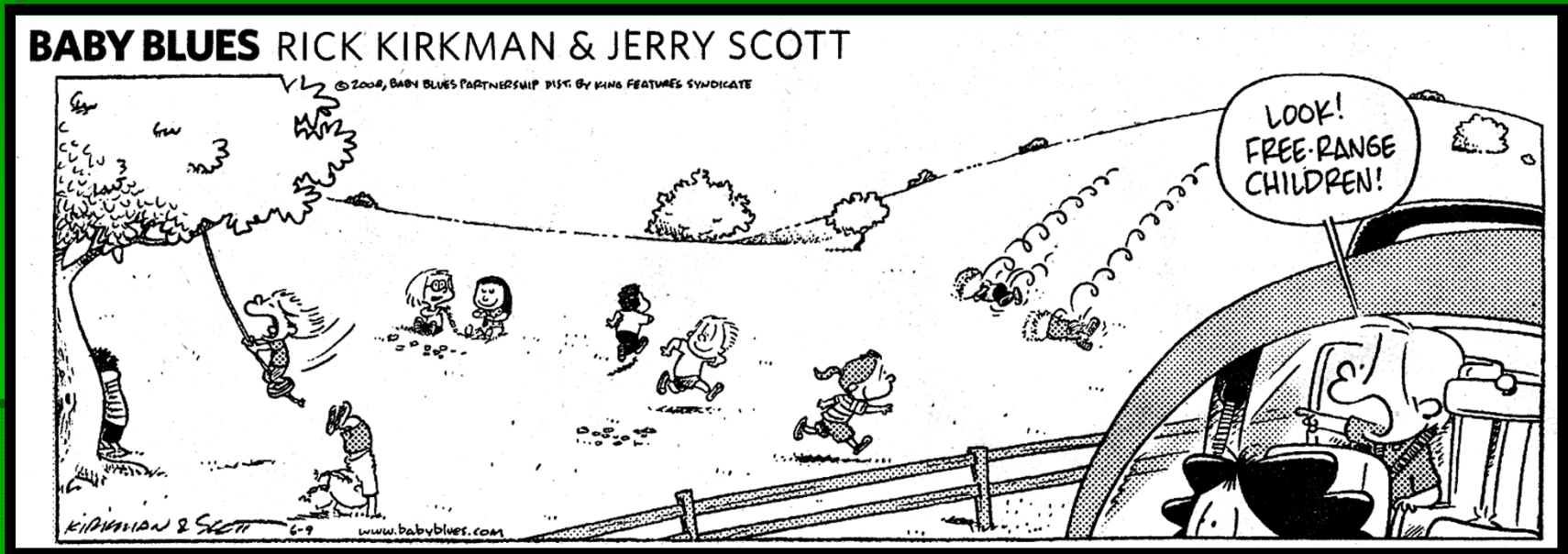
Connect With The Past



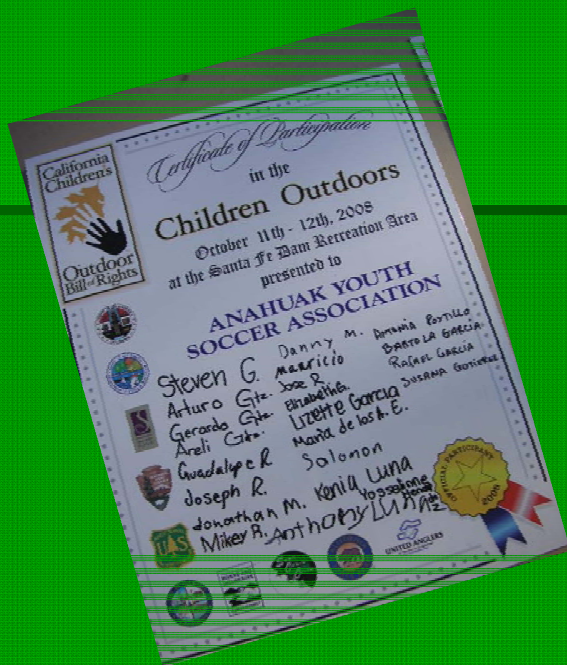
Plant a Seed



Unstructured Play



COBR in Action....

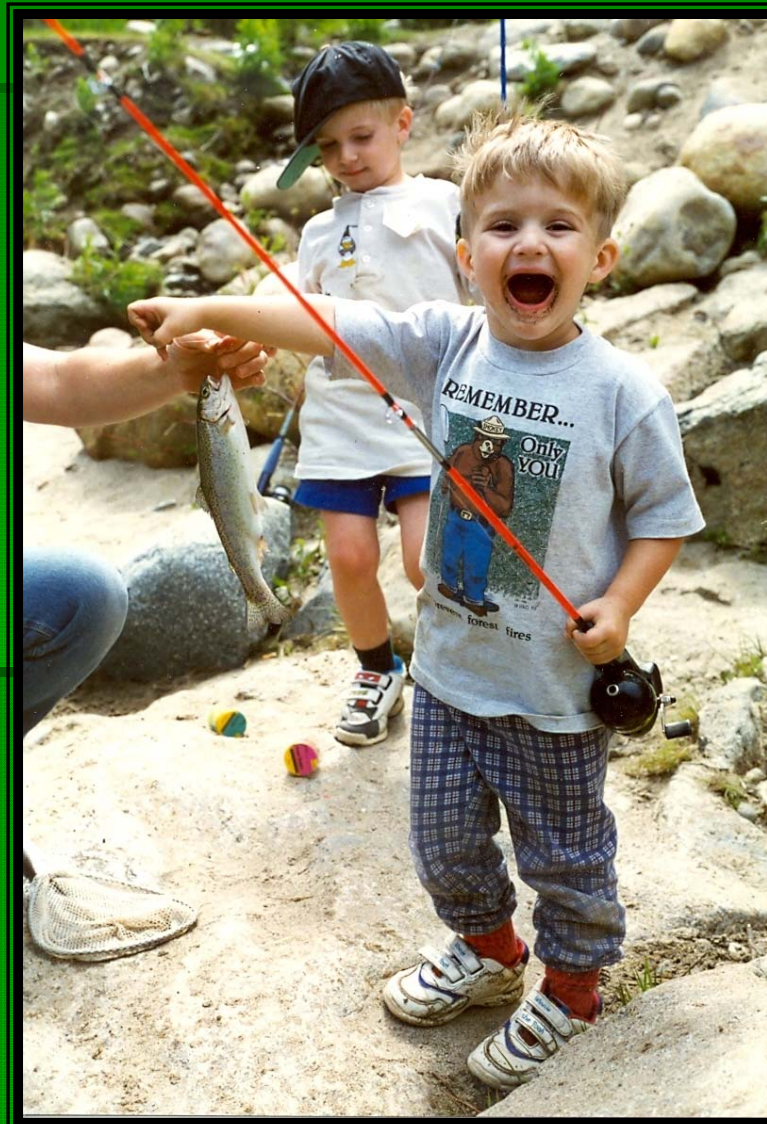




Partnerships in Action...



How Can YOU Use This Tool



Potential Partnerships

- Public health department
- Private health providers
- Retailers
- Grocery stores
- Foster grandparents
- Conservation corps
- Community service – high schools

COBR Implementation

- Develop regional web-based directory of opportunities
- Gain private industry support – retailer incentives
- Identify one community group/agency responsible for each activity
- Designate one weekend per month for each activity or all 10 in one weekend
- Community/staff sessions brainstorm achievement of each activity
- Family events, library distribution, free fishing day, community campout...