

Universal Trail Assessment Process (UTAP) & High Efficiency Trail Assessment Process (HETAP) Coordinator Workshop



P.O. Box 491797
Redding, CA 96049-1797
(530) 547-2060
Fax: (530) 547-2035
trailhead@americantrails.org



P.O. Box 69
Minden, NV 89423
(775) 783-8822
Fax: (775) 783-8823
trails@beneficialdesigns.com

Introductions

Name

Where are you from

Who do you work for/represent

Why HETAP-UTAP Interest

What do you hope to gain

Workshop Goals

Know the development of UTAP and HETAP (High Efficiency Trail Assessment Process)

Understand UTAP concepts, benefits and measurement techniques

Workshop Goals

Use UTAP and HETAP for diverse environments and objectives

Obtain practical experience

Perform and lead assessments

Workshop Topics

Video Series

Introductions &
Overview

Measurements

Application of
UTAP/HETAP

On-Site Instruction

Tool Function

On-Trail Practical

Data Analysis & Use

Debrief, Review &
Questions

Certification Process

Greatest Barrier to Outdoor Facility and Trail Use

Lack of knowledge about actual on-site conditions or about where access is possible



Need for Trail Assessment

All users and land managers need accurate trail data



Objective trail information is very limited, but it enables informed decisions about trail use and conservation

Subjective information is not related to individual abilities

Trail Assessment Options

Universal Trail
Assessment
Process (UTAP)



High Efficiency
Trail Assessment
Process (HETAP)



UTAP & HETAP Generate Objective Information

Access and Use

Construction and Maintenance

Mapping and Interpretation

Environmental Protection and
Management

Compliance with Design Standards

Assessment and Compliance

Inventory existing facilities and infrastructure – Asset Management

Determine compliance with existing ABA for Developed Outdoor Recreation facilities

Create transition plan with goals and objectives for accomplishing access

Universal Design

Philosophy that designs for all potential users to the greatest extent possible

Principles include:

- equitable use
- flexible use
- simple & intuitive use
- perceptible information
- tolerance for error
- low physical effort
- size and space for approach and use

UTAP Research & Development Project of Beneficial Designs, Inc.

**Funded by the National Center for
Medical Rehabilitation Research in the
National Institute of Child Health and
Human Development at the National
Institutes of Health SBIR Grant #R44
HD29992-03**

UTAP Development Partners

Bureau of Land Management (DOI)

Bureau of Reclamation (DOI)

National Park Service (DOI)

US Army Corps of Engineers

US Fish & Wildlife Service (DOI)

US Forest Service (USDA)

UTAP Development Partners

American Trails

California State Parks

Minnesota Department of
Natural Resources

National Center on Accessibility

Wilderness Inquiry

Key Variables for UTAP

Measured many trail factors

Matched objective variables with user expectations and experience

Matched objective variables with trail experts and their knowledge of trail



Relation to User Perceptions

Users of all abilities view trail information before hiking

Expectations prior to trail use

Experience after trail use



UTAP Research Results

Identify key variables

Validity

Repeatability

Relation to user perceptions

Validity of UTAP/HETAP

Measure & record in 2 foot intervals

Calculate trail access information

Expert review of information accuracy

Typical grade & cross slopes within 1%



Repeatability of UTAP/HETAP

Same UTAP leader, different days

Same UTAP leader, different years

Different UTAP leader, same day

All comparisons were repeatable except washouts or landslides

Storm damage recorded as features and maximum cross slopes

UTAP Tools



**What types of information
do you display for your
trail?**

Key UTAP & HETAP Information

Length



Grade



Surface

Features & Facilities

Width



Cross
slope



HETAP and UTAP is suitable for any trail or path of travel in an outdoor environment.

What are different types of trails?

Shared Use Path



Urban Shared Use Paths



Neighborhood Connector Trails



Recreation Trail (Front Country)



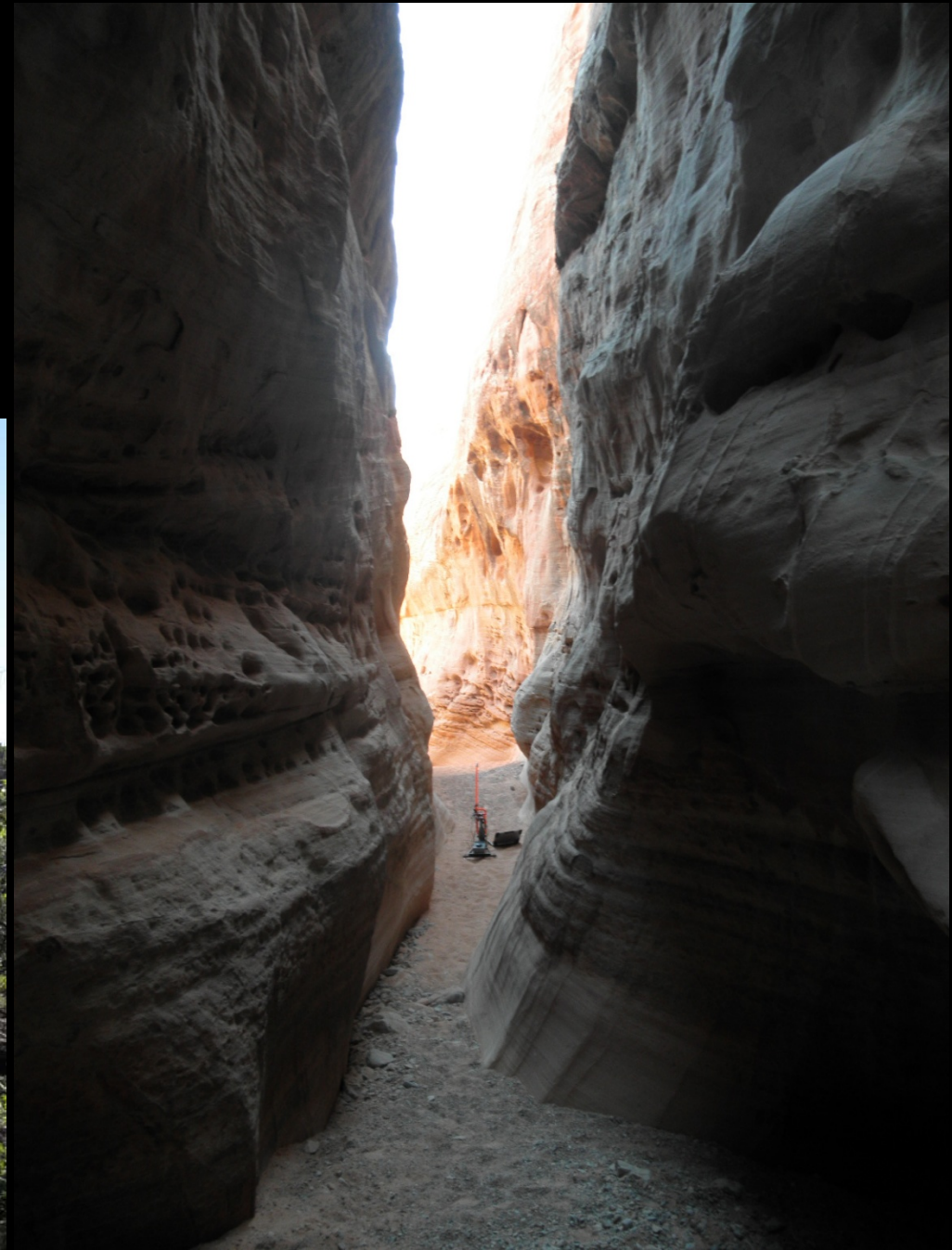
Front Country Trails



Recreation Trail (Back Country)



Narrow Trails



Backcountry single track trails



Cross Country Trails



Snowshoe Trails



Snowmobile Trails



State Parks/Day Use Areas



Motorized Trails



Outdoor Recreation Access Route (ORAR)



Paths of Travel at Recreation Facilities



UTAP Records Typical and Extreme Values

Grade

Cross Slope

Width

<u>Trail</u>	Grade (%)		Cross Slope (%)	
	<u>Typ</u>	<u>Max</u>	<u>Typ</u>	<u>Max</u>
Kersey Lake	5	70	11	32
Indiana Falls	8	10	16	19

Surface

Firmness Category
Surface Type



Features and Facilities

Location

Type

Description

Dimensions

Quantity



Feature Example



Scenic
Viewpoint

Feature Examples

<u>Feature</u>	<u>Dist</u>	<u>Zone</u>	<u>Size</u>	<u>Rem.</u>
Rock	50	TB	11x23x7	48
Rock	60	TB	10x23x6	17
Rock	70	VF	11x22x8	n/a
Rock	5020	TB	12x22x7	12

Trail Access Information (TAI) to Convey to Users

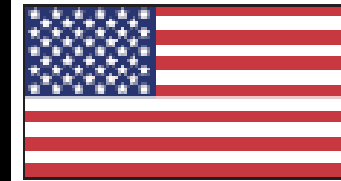
Grade

Cross Slope

Tread Width

Surface

Obstructions



Ruins Loop

Fort Churchill
State Historic Park

Length 0.6 mi (1.0 km)



Hikers



Bikes



Dogs OK



Equestrians



No Motorized
Vehicles



Grade

Typical Grade 2.6%

8% of the trail is 5% to 12%

23 ft (7 m) is 12% to 17%
8% grade is a standard ramp



Cross Slope

Typical Cross Slope 5.9%

13% of the trail is 10% to 15%

455 ft (139 m) is 15% to 28%
8% grade is a standard ramp



Tread Width

Typical 19 in (48 cm)
Minimum 12 in (31 cm)



Surface

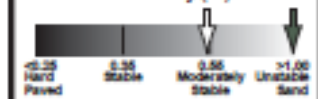
Soil

3% of the trail is Soft

Typical Firmness (In) 0.21
Minimum Firmness (In) 0.32



Typical Stability (In) 0.54
Minimum Stability (In) 1.03



Obstructions

Multiple 6 in (15.2 cm) Rocks

WARNING: Trail conditions may have changed since January 2004 when this trail was assessed. Temporary obstacles were not mapped.

Signage created by Beneficial Design Inc. using data collected by a certified trail assessment coordinator.



Trail Access
Information



Dune Trek
National Land Conservation Council

Length: 2.4 mi (3.9 km)
Elev. Gain: 888 ft (271 m)
Time: 45-60 min

Trail Info:
• Insects
• Bikes
• Dogs on Leash
• Equipped/Un-equipped
• No Motorized Vehicles

Grade:
Normal Grade: 4.2%
1% of trail is: 4.2% to 8.0%
10% of trail is: 8.0% to 16.0%
10% of trail is: 16.0% to 24.0%
Steepest Single Grade: 8.2%

Cross Slope:
Normal Cross Slope: 4.2%
1% of trail is: 4.2% to 8.0%
10% of trail is: 8.0% to 16.0%
10% of trail is: 16.0% to 24.0%
Steepest Single Cross Slope: 8.2%

Tread Width:
Normal: 58 in (147 cm)
Minimum: 58 in (147 cm)

Surface:
Surface Type: Sand
Depth of trail is: Very Soft
Depth of trail is: Firm
Normal Firmness: 0.77
Minimum Firmness: 0.40
Maximum Firmness: 1.14
Normal Hardness: 0.40
Minimum Hardness: 0.40
Maximum Hardness: 0.40

Trail Maintenance:
Normal: 100
Minimum: 100
Maximum: 100

Trail Construction:
Normal: 100
Minimum: 100
Maximum: 100

Trail Construction:
Normal: 100
Minimum: 100
Maximum: 100

**RIVERVIEW
PARK
TRAIL**




Riverview Park / Mexican Ditch Trail System

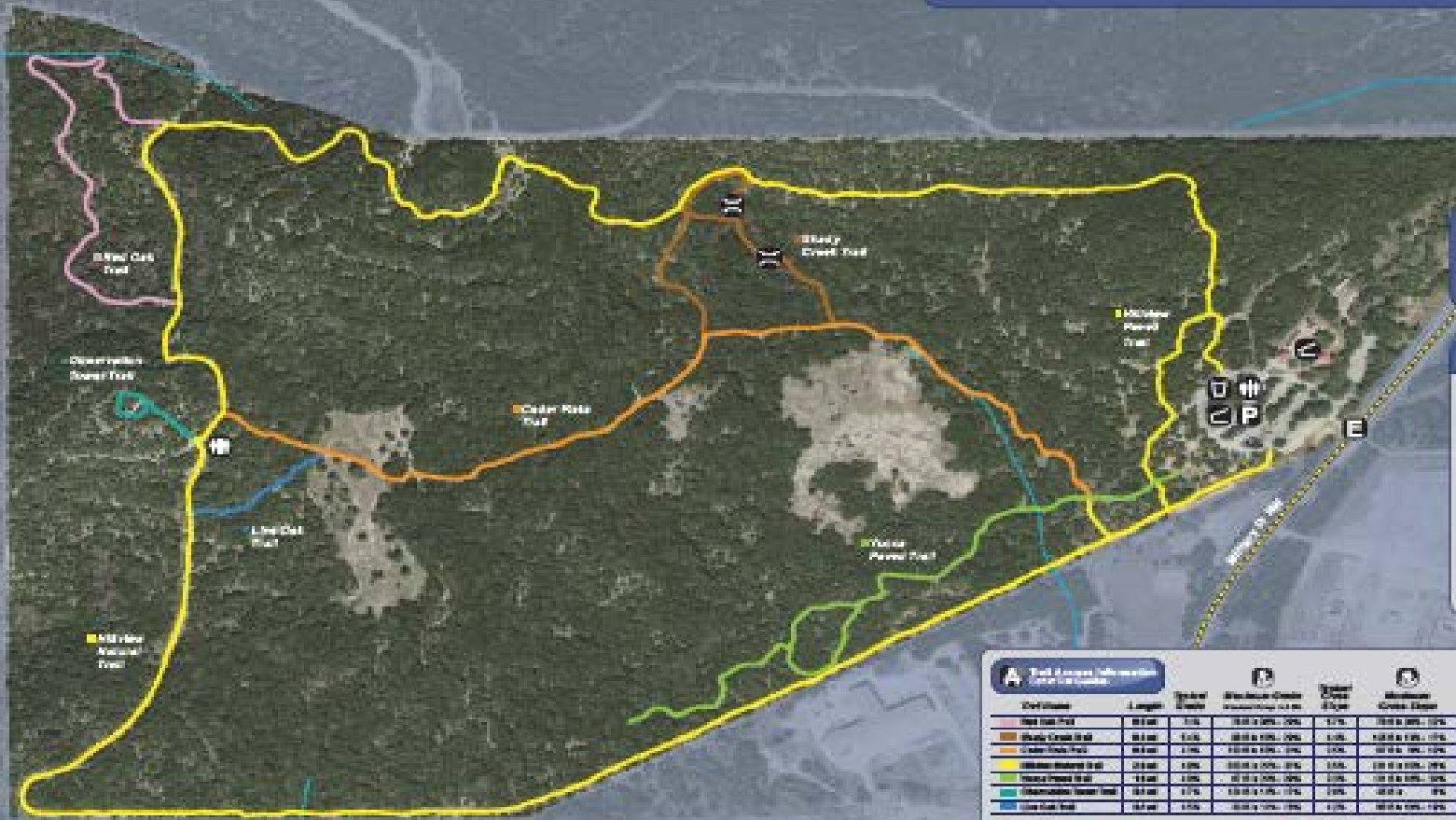


Trail User:

- Hiking
- Stroller
- Wheelchair
- Price Advanced
- No Motor Vehicles
- 1st Mountain
- Trail Access Information

Trail Name	Length	Trail Status	Max Grade	Typical Max Grade Slope	Typical Trail Width	Surface Type
Riverview Park (Loop)	1.2 mi	Open	12% to 15%	10% to 15%	10'	Asphalt
Mexican Ditch (Loop)	1.2 mi	Open	12% to 15%	10% to 15%	10'	Asphalt
Riverview Park (Short Loop)	0.6 mi	Open	12% to 15%	10% to 15%	10'	Asphalt
Mexican Ditch (Short Loop)	0.6 mi	Open	12% to 15%	10% to 15%	10'	Asphalt
Riverview Park (Long Loop)	2.4 mi	Open	12% to 15%	10% to 15%	10'	Asphalt
Mexican Ditch (Long Loop)	2.4 mi	Open	12% to 15%	10% to 15%	10'	Asphalt

Eisenhower Park Trails



Trail Access Information

Trail Name	Length	Trail Type	Surface	Water	Shelter	Restroom	Drinking Water	Other Amenities
Red Oak Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Cedar Hills Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Millers Branch Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Woods Preserve Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Lincoln Park Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Woods Preserve Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Woods Preserve Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Woods Preserve Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Woods Preserve Trail	0.5 mi	0.5	0.5	0.5	0.5	0.5	0.5	0.5



Eisenhower Park Trails

A Trail Access Information

Typical Trail Qualities

Trail Name	Length	Typical Grade	Maximum Grade Standard Ramp is 8.3%	Typical Cross Slope	Maximum Cross Slope	Typical Tread Width	Minimum Clearance Width	Surface Type
Red Oak Trail	0.5 mi	7.1%	78 ft is 20% - 29%	5.7%	78 ft is 20% - 22%	48 in	48 in	Aggregate / Gravel
Shady Creek Trail	0.4 mi	5.4%	66 ft is 15% - 29%	4.4%	145 ft is 13% - 17%	44 in	36 in	Aggregate / Gravel
Cedar Flats Trail	0.8 mi	4.3%	133 ft is 15% - 21%	3.5%	87 ft is 9% - 10%	84 in	84 in	Asphalt
Hillview Natural Trail	2.6 mi	4.8%	353 ft is 21% - 37%	3.5%	231 ft is 15% - 26%	55 in	36 in	Crushed Stone (Fines)
Yucca Paved Trail	1.6 mi	4.0%	67 ft is 21% - 39%	3.3%	111 ft is 16% - 24%	72 in	30 in	Wood Chip / Mulch
Observation Tower Trail	0.1 mi	4.7%	124 ft is 11% - 17%	2.9%	45 ft is 6%	96 in	96 in	Asphalt
Live Oak Trail	0.1 mi	4.5%	33 ft is 11% - 15%	4.2%	65 ft is 10% - 19%	60 in	60 in	Wood Chip / Mulch

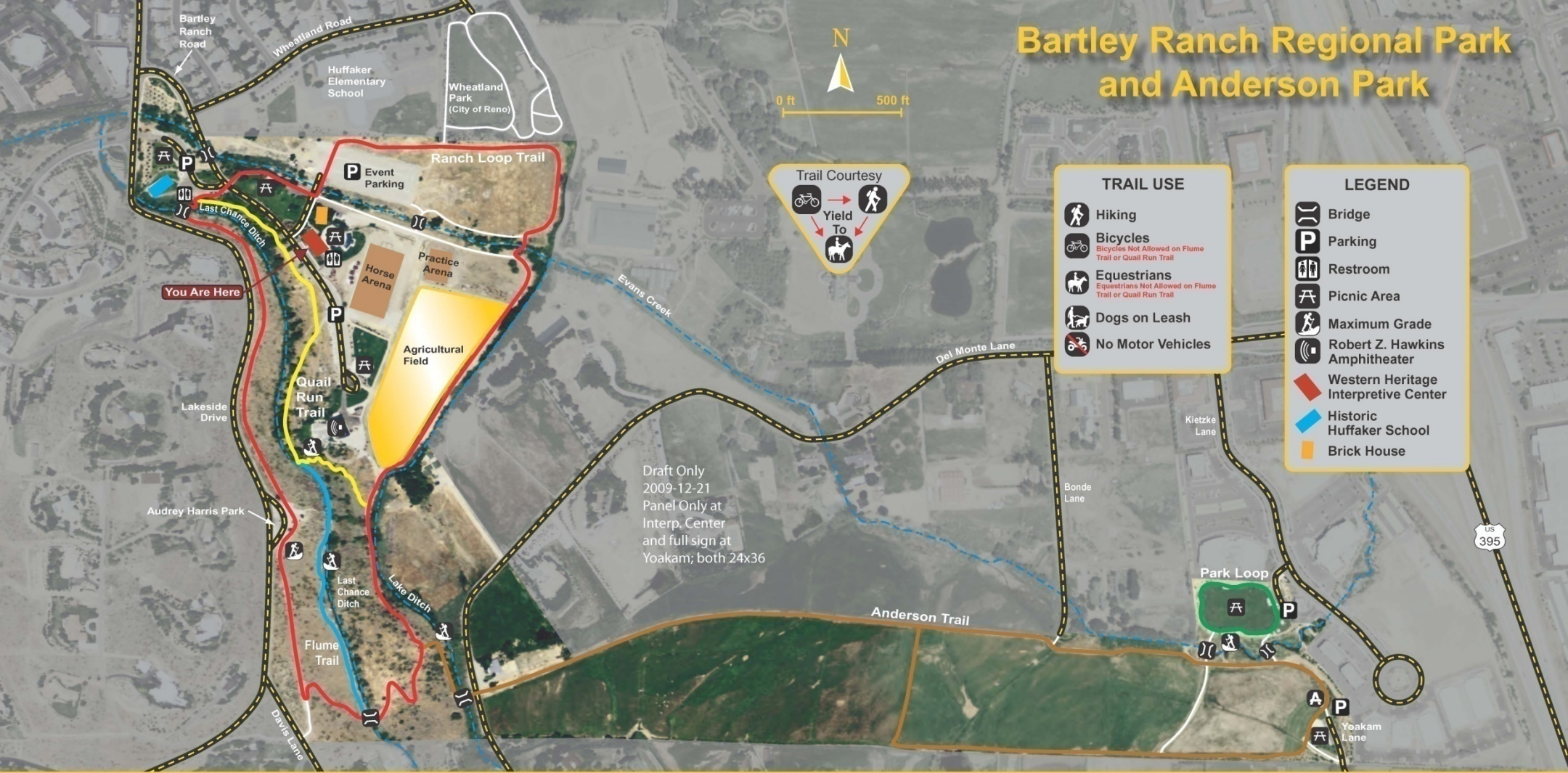


WARNING:
Trail conditions may have changed since March 2011 when these trails were assessed. Signage created by Beneficial Designs Inc. using trail data collected by a certified trail assessment coordinator.

Trail Name	Length	Typical Grade	Maximum Grade	Typical Cross Slope	Maximum Cross Slope	Typical Tread Width	Minimum Clearance Width	Surface Type
Red Oak Trail	0.5 mi	7.1%	78 ft is 20% - 29%	5.7%	78 ft is 20% - 22%	48 in	48 in	Aggregate / Gravel
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Bartley Ranch Regional Park and Anderson Park



- ### TRAIL USE
- Hiking
 - Bicycles
Bicycles Not Allowed on Flume Trail or Quail Run Trail
 - Equestrians
Equestrians Not Allowed on Flume Trail or Quail Run Trail
 - Dogs on Leash
 - No Motor Vehicles

- ### LEGEND
- Bridge
 - Parking
 - Restroom
 - Picnic Area
 - Maximum Grade
 - Robert Z. Hawkins Amphitheater
 - Western Heritage Interpretive Center
 - Historic Huffaker School
 - Brick House

Draft Only
2009-12-21
Panel Only at
Interp. Center
and full sign at
Yoakam; both 24x36

Trail Name	Length	Typical Grade	Maximum Grade	Typical Cross Slope	Maximum Cross Slope	Typical Trail Width	Minimum Clearance Width	Surface Type	Surface Firmness		Surface Stability	
									Typical	Worst	Typical	Worst
Ranch Loop Trail	1.5 mi	4.5%	371 ft is 16% – 25%	2.8%	18 ft is 16% – 20%	90 in	40 in	Aggregate/Gravel	0.19	0.22	0.36	0.60
Quail Run Trail	0.4 mi	7.3%	186 ft is 20% – 40%	3.5%	46 ft is 18% – 30%	60 in	25 in	Aggregate/Gravel	0.19	0.22	0.39	0.50
Flume Trail	0.2 mi	4.6%	37 ft is 14% – 19%	3.9%	47 ft is 12% – 14%	48 in	20 in	Soil	0.23	0.25	0.38	0.49
Anderson Trail (Round Trip)	1.7 mi	2.5%	196 ft is 14% – 21%	2.4%	311 ft is 7% – 11%	76 in	48 in	Aggregate/Gravel	0.19	0.22	0.39	0.52
Park Loop	0.2 mi	1.6%	64 ft is 4% – 5%	1.8%	230 ft is 3% – 4%	84 in	84 in	Aggregate/Gravel	0.18	0.19	0.37	0.43



Funded by the Nevada Recreational Trails Program

WARNING: Trail conditions may have changed since September 2009 when these trails were assessed. Secondary trails are shown in white. Signage created by Beneficial Designs Inc. using data collected by a certified trail assessment coordinator.

A Trail Access Information



Lampe Park

Rough Draft Only
2009-12-23
1 at 24" x 36"
Panel Only



TRAIL USE

- Hiking
- Bicycles
- No Dogs
- No Equestrians
- No Motor Vehicles

LEGEND

- Bridge
- Parking
- Restroom
- Skate Park
- Playground
- Picnic Area
- Horseshoes
- Soccer Field
- Tennis Court
- Batting Cage
- Group Pavilion
- Sand Volleyball Court
- Park Boundary



Trail Name	Outer Loop Trail	Inner Loop Trail	Senior Center Trail
Length	0.8 miles	0.6 miles	0.2 miles
Typical Grade	1.3%	1.1%	1.5%
Maximum Grade	17 feet is 5 – 8%	41 feet is 3 – 5%	27 feet is 5 – 6%
Typical Cross Slope	1.5%	1.0%	1.1%
Maximum Cross Slope	142 feet is 5 – 6%	246 feet is 4 – 6%	63 feet is 3 – 5%
Typical Tread Width	10 feet	12 feet	9 feet
Minimum Clearance Width	49 inches	8 feet	7 feet
Surface Type	Decomposed Granite/Pavers	Decomposed Granite/Pavers	Decomposed Granite
Typical Surface Firmness	0.20 inches (Worst 0.23 inches)	0.20 inches (Worst 0.23 inches)	0.19 inches (Worst 0.23 inches)
Typical Surface Stability	0.26 inches (Worst 0.33 inches)	0.26 inches (Worst 0.33 inches)	0.28 inches (Worst 0.33 inches)



WARNING: Trail conditions may have changed since July 2007 when these trails were assessed. Secondary trails are shown in black. Signage created by Beneficial Designs Inc. using data collected by a certified trail assessment coordinator.

Trail Access Information

PRISON HILL RECREATION AREA · MOTORIZED USE AREA

PERMITTED USES

- OHVs
- Equestrian
- Hiking
- Mountain Bikes
- Dogs Under Control of Owner

LEGEND

- Main Parking Area
- Secondary Access Area
- Motorized Use Area
- Road
- Secondary Trail

Please do not create new routes.

Watch for rattlesnakes!
 There are no water sources; carrying water is highly recommended!

There is a network of routes in the Prison Hill Recreation Area. For your safety and enjoyment, and for the protection of natural resources, only primary routes are mapped and identified.



PERMITTED USES

- OHVs
- Equestrian
- Hiking
- Mountain Bikes
- Dogs Under Control of Owner

LEGEND

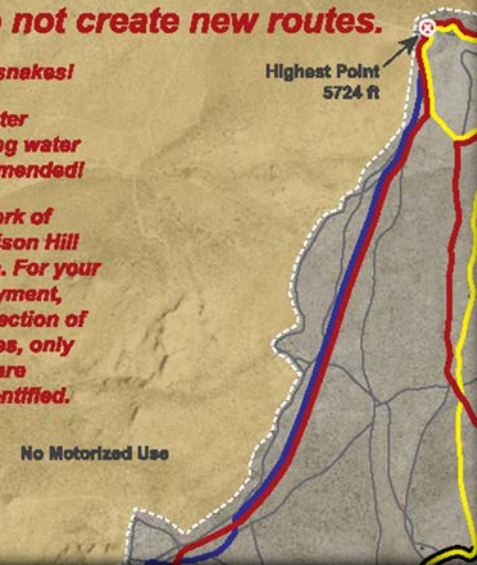
- Main Parking Area
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There is a network of routes in the Prison Hill Recreation Area. For your safety and enjoyment, and for the protection of natural resources, only primary routes are mapped and identified.



TRAIL ACCESS INFORMATION

Vehicle Use	Length	Typical Grade	Maximum Grade Standard Ramp is 8.3%	Typical Cross Slope
Motorcycle Loop	8.0 mi	12.6%	182 ft is 45% - 65%	4.8%
Motorcycle/ATV Loop	1.6 mi	7.9%	38 ft is 40% - 51%	6.3%
Motorcycle Trail	1.8 mi	12.5%	278 ft is 25% - 42%	5.8%
Motorcycle/ATV/Jeep Loop	5.5 mi	10.9%	149 ft is 35% - 37%	4.2%

WARNING: Trail conditions may have changed since September 2013 when these trails were assessed. Signage created by Beneficial Designs Inc. using trail data collected by a certified trail assessment coordinator.

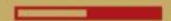


Vehicle Use	Length	Typical Grade	Maximum Grade Standard Ramp is 8.3%	Typical Cross Slope	Maximum Cross Slope	Typical Tread Width	Minimum Clearance Width	Surface Type
Motorcycle Loop	8.0 mi	12.6%	182 ft is 45% - 65%	4.8%	48 ft is 20% - 34%	5.3 ft	1.2 ft	Sand / Soil
Motorcycle/ATV Loop	1.6 mi	7.9%	38 ft is 40% - 51%	6.3%	78 ft is 15% - 21%	5.6 ft	4.0 ft	Sand / Soil
Motorcycle Trail	1.8 mi	12.5%	278 ft is 25% - 42%	5.8%	694 ft is 13% - 22%	8.4 ft	6.0 ft	Sand / Soil
Motorcycle/ATV/Jeep Loop	5.5 mi	10.9%	149 ft is 35% - 37%	4.2%	83 ft is 15% - 18%	8.6 ft	7.1 ft	Sand / Soil

WARNING: Trail conditions may have changed since September 2013 when these trails were assessed. Signage created by Beneficial Designs Inc. using trail data collected by a certified trail assessment coordinator.



0 mi 0.25 mi



TRAIL FEATURES

Customize your search by trail use and features.

TRAIL ACCESS

Find a trail to suit your ability. Search by grade, cross-slope and surface.

TRAIL MANAGEMENT

Authorized trail managers may add or edit trail information. Contact [Beneficial Designs](#).

CONTACT US



QUICK TRAIL SEARCH



Type in (a few letters of) a park or trail name:



OR

View trails by state:



PICK OF THE MONTH



Big Basin Redwoods State Park
Boulder Creek, CA

Features 2,000 year-old redwoods and over 50 miles of trails. Reservations required for camping. Phone: 831.338.8860

Have you ever finished a three hour hike in one hour? Have you struggled on a "moderate" trail? Have you ever encountered barriers on an "easy" trail? If so, you already know the benefits of having objective trail information. The Trail Explorer website conveys objective trail information in a unique [Trail Access Information](#) format to help trail users make informed decisions about which public lands to visit, and which trails will best meet their interests, abilities and desired experiences. Trail Explorer benefits all users, but is particularly helpful for individuals who may have specific trail needs, such as individuals with disabilities, older adults, parents with young children, and novice hikers.

Acknowledgement

Trail Explorer was designed by [Beneficial Designs](#) in collaboration with [American Trails](#), land management, and disability organizations and with the support of the US Department of Education.



Internet

**Who benefits from objective
Trail Access Information
(TAI)?**

People with
Disabilities



Users with limited
experience

Everyone benefits from TAI!



Children

Adults who
are older or
less fit



User Benefits from TAI

Consistent information

Increased independence,
safety, opportunities and
enjoyment

Responsible and informed
trail selection

Knowledge of actual
conditions



Land Manager Benefits

Increased user safety
and satisfaction

Provide more trail
opportunities

Monitoring of
environmental impact



Land Manager Benefits

Identification of work priorities

Enhanced planning & budgeting of projects

Enhanced search and rescue

Provides information for GIS (When use GPS)



Assessment and Compliance

Inventory existing facilities and infrastructure

Determine compliance with existing ADAAG and Developed Outdoor Recreation facilities

Create transition plan with goals and objectives for accomplishing access

UTAP in Use

Over 1,040 individuals trained

Federal, state and local trail
management agencies

US, Canada, and other countries

HETAP in Use

Florida State Parks

Cities of Edmonton, Alberta and
Toronto, Ontario

National Park Service-SW Region

San Antonio Parks and Recreation

Beneficial Designs, Inc.

Overview Summary

Lack of information is the greatest barrier to access

UTAP/HETAP is objective, valid, repeatable and related to user perceptions

Generates and conveys all types of information for all types of trails

Benefits all users and land managers

Focuses on grade, cross slope, surface, width and features

Generates a complete inventory for Asset Management

Beneficial Designs, Inc.

Minden, Nevada

www.beneficialdesigns.com

trails@beneficialdesigns.com

775.783.8822 voice

775.783.8823 fax

*Working toward universal access
through research, design & education*